US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 1772

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:31	3.0	6:58	0.0	6:49	0.2	4:26	7:27	
2	Tue	12:27	3.7	1:11	3.0	7:40	0.0	7:31	0.2	4:26	7:28	
3	Wed	1:02	3.7	1:53	3.0	8:21	-0.1	8:13	0.2	4:25	7:29	
4	Thu	1:42	3.7	2:41	3.1	9:02	-0.1	8:56	0.2	4:25	7:29	
5	Fri	2:30	3.6	3:35	3.1	9:45	0.0	9:42	0.3	4:25	7:30	
6	Sat	3:25	3.6	4:31	3.2	10:32	0.0	10:38	0.4	4:24	7:31	
7	Sun	4:26	3.5	5:25	3.3	11:27	0.1	11:46	0.4	4:24	7:31	
8	Mon	5:26	3.4	6:20	3.4			12:27	0.1	4:24	7:32	
9	Tue	6:25	3.3	7:16	3.6	12:58	0.4	1:28	0.0	4:24	7:32	
10	Wed	7:28	3.2	8:16	3.7	2:06	0.3	2:26	0.0	4:24	7:33	
11	Thu	8:35	3.2	9:17	3.9	3:07	0.1	3:22	-0.1	4:23	7:34	
12	Fri	9:41	3.2	10:14	4.0	4:04	0.0	4:16	-0.1	4:23	7:34	
13	Sat	10:40	3.3	11:05	4.1	4:59	-0.2	5:08	-0.2	4:23	7:34	
14	Sun	11:33	3.4	11:54	4.1	5:52	-0.3	6:01	-0.1	4:23	7:35	
15	Mon			12:24	3.4	6:43	-0.4	6:52	-0.1	4:23	7:35	
16	Tue	12:41	4.0	1:15	3.3	7:32	-0.4	7:41	0.0	4:23	7:36	
17	Wed	1:29	3.9	2:07	3.3	8:18	-0.3	8:27	0.2	4:23	7:36	
18	Thu	2:18	3.7	2:59	3.2	9:02	-0.2	9:12	0.3	4:24	7:36	
19	Fri	3:08	3.5	3:51	3.1	9:45	0.0	9:58	0.5	4:24	7:37	
20	Sat	3:59	3.4	4:41	3.1	10:29	0.2	10:47	0.7	4:24	7:37	
21	Sun	4:48	3.2	5:28	3.1	11:15	0.3	11:43	0.8	4:24	7:37	
22	Mon	5:35	3.0	6:13	3.1			12:04	0.5	4:24	7:37	
23	Tue	6:21	2.9	6:57	3.1	12:43	0.9	12:54	0.6	4:25	7:37	
24	Wed	7:09	2.8	7:43	3.1	1:41	0.9	1:44	0.6	4:25	7:37	
25	Thu	8:02	2.7	8:33	3.2	2:36	0.8	2:32	0.6	4:25	7:38	
26	Fri	8:59	2.7	9:23	3.3	3:26	0.7	3:18	0.5	4:26	7:38	
27	Sat	9:53	2.8	10:08	3.4	4:13	0.5	4:04	0.4	4:26	7:38	
28	Sun	10:40	2.9	10:48	3.6	5:00	0.3	4:49	0.4	4:27	7:38	
29	Mon	11:23	3.0	11:26	3.7	5:45	0.2	5:35	0.3	4:27	7:37	
30	Tue			12:05	3.1	6:31	0.0	6:23	0.2	4:28	7:37	