US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1772

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:04	3.8	12:47	3.2	7:16	-0.1	7:10	0.1	4:28	7:37	
2	Thu	12:45	3.9	1:32	3.3	8:00	-0.2	7:57	0.1	4:29	7:37	
3	Fri	1:30	3.9	2:22	3.3	8:42	-0.3	8:44	0.1	4:29	7:37	
4	Sat	2:20	3.8	3:16	3.4	9:26	-0.2	9:34	0.1	4:30	7:37	
5	Sun	3:16	3.7	4:13	3.5	10:12	-0.2	10:29	0.2	4:30	7:36	
6	Mon	4:16	3.6	5:08	3.6	11:04	-0.1	11:33	0.3	4:31	7:36	
7	Tue	5:15	3.4	6:03	3.7			12:03	0.0	4:32	7:36	
8	Wed	6:13	3.3	6:58	3.7	12:42	0.4	1:04	0.1	4:32	7:35	
9	Thu	7:14	3.2	7:57	3.7	1:49	0.3	2:05	0.1	4:33	7:35	
10	Fri	8:20	3.1	8:59	3.8	2:51	0.2	3:03	0.1	4:34	7:34	
11	Sat	9:26	3.1	9:58	3.9	3:48	0.1	3:58	0.1	4:35	7:34	
12	Sun	10:26	3.2	10:50	3.9	4:42	0.0	4:51	0.0	4:35	7:33	
13	Mon	11:19	3.3	11:38	4.0	5:34	-0.1	5:42	0.1	4:36	7:33	
14	Tue			12:08	3.3	6:24	-0.2	6:32	0.1	4:37	7:32	
15	Wed	12:23	3.9	12:55	3.3	7:11	-0.2	7:20	0.1	4:38	7:32	
16	Thu	1:08	3.8	1:41	3.3	7:54	-0.2	8:04	0.2	4:39	7:31	
17	Fri	1:52	3.7	2:28	3.3	8:35	-0.1	8:46	0.4	4:39	7:30	
18	Sat	2:37	3.5	3:15	3.2	9:13	0.0	9:28	0.5	4:40	7:30	
19	Sun	3:24	3.3	4:02	3.2	9:51	0.2	10:10	0.7	4:41	7:29	
20	Mon	4:10	3.2	4:47	3.1	10:28	0.4	10:58	0.8	4:42	7:28	
21	Tue	4:56	3.0	5:30	3.1	11:08	0.5	11:54	0.9	4:43	7:27	
22	Wed	5:40	2.9	6:10	3.1	11:54	0.6			4:44	7:27	
23	Thu	6:25	2.7	6:52	3.1	12:55	1.0	12:47	0.7	4:45	7:26	
24	Fri	7:14	2.7	7:38	3.2	1:55	0.9	1:43	0.7	4:46	7:25	
25	Sat	8:11	2.7	8:32	3.3	2:50	0.8	2:37	0.7	4:47	7:24	
26	Sun	9:12	2.7	9:27	3.4	3:40	0.6	3:29	0.6	4:48	7:23	
27	Mon	10:06	2.9	10:16	3.6	4:28	0.4	4:19	0.4	4:49	7:22	
28	Tue	10:54	3.1	11:00	3.8	5:16	0.2	5:09	0.3	4:50	7:21	
29	Wed	11:38	3.3	11:44	4.0	6:03	0.0	6:00	0.1	4:51	7:20	
30	Thu			12:22	3.5	6:49	-0.2	6:51	0.0	4:52	7:19	
31	Fri	12:29	4.0	1:09	3.6	7:35	-0.3	7:41	-0.1	4:53	7:18	