US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1775

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:41	4.0			5:51	-0.6	6:37	-0.8	7:27	4:40	
2	Mon	12:09	3.3	12:32	4.1	6:45	-0.7	7:29	-0.9	7:27	4:41	
3	Tue	1:03	3.3	1:26	4.0	7:38	-0.7	8:19	-0.9	7:27	4:42	
4	Wed	1:59	3.3	2:21	3.9	8:30	-0.7	9:08	-0.9	7:27	4:43	
5	Thu	2:58	3.3	3:19	3.7	9:22	-0.5	9:58	-0.7	7:27	4:44	
6	Fri	3:58	3.2	4:18	3.5	10:17	-0.3	10:51	-0.5	7:27	4:45	
7	Sat	4:57	3.2	5:14	3.2	11:17	-0.1	11:48	-0.3	7:27	4:46	
8	Sun	5:52	3.1	6:09	3.0			12:23	0.1	7:27	4:47	
9	Mon	6:45	3.0	7:04	2.8	12:47	-0.2	1:28	0.2	7:26	4:48	
10	Tue	7:40	3.0	8:01	2.7	1:44	0.0	2:29	0.2	7:26	4:49	
11	Wed	8:37	3.0	9:01	2.6	2:38	0.0	3:24	0.1	7:26	4:50	
12	Thu	9:32	3.0	9:56	2.6	3:28	0.0	4:14	0.1	7:26	4:51	
13	Fri	10:21	3.1	10:45	2.7	4:14	0.0	5:01	0.0	7:25	4:52	
14	Sat	11:04	3.2	11:29	2.7	4:59	0.0	5:46	-0.1	7:25	4:53	
15	Sun	11:43	3.2			5:42	0.0	6:28	-0.2	7:24	4:54	
16	Mon	12:10	2.8	12:21	3.3	6:24	-0.1	7:09	-0.2	7:24	4:55	
17	Tue	12:50	2.8	12:56	3.2	7:05	-0.1	7:48	-0.3	7:23	4:56	
18	Wed	1:29	2.8	1:29	3.2	7:44	-0.1	8:24	-0.2	7:23	4:58	
19	Thu	2:08	2.7	2:00	3.1	8:20	0.0	8:58	-0.2	7:22	4:59	
20	Fri	2:46	2.7	2:31	3.0	8:54	0.1	9:30	-0.1	7:22	5:00	
21	Sat	3:23	2.7	3:05	2.9	9:27	0.1	10:01	0.0	7:21	5:01	
22	Sun	4:00	2.7	3:47	2.8	10:04	0.2	10:35	0.1	7:20	5:03	
23	Mon	4:42	2.7	4:36	2.7	10:52	0.3	11:19	0.1	7:20	5:04	
24	Tue	5:27	2.8	5:31	2.7			12:02	0.4	7:19	5:05	
25	Wed	6:19	2.9	6:31	2.6	12:23	0.2	1:22	0.3	7:18	5:06	
26	Thu	7:18	3.0	7:40	2.6	1:35	0.1	2:32	0.2	7:17	5:07	
27	Fri	8:26	3.2	8:57	2.7	2:41	0.0	3:34	-0.1	7:16	5:09	
28	Sat	9:35	3.4	10:05	2.9	3:42	-0.2	4:31	-0.4	7:15	5:10	
29	Sun	10:35	3.7	11:03	3.1	4:39	-0.4	5:26	-0.6	7:15	5:11	
30	Mon	11:29	3.9	11:57	3.3	5:36	-0.6	6:19	-0.8	7:14	5:13	
31	Tue			12:21	4.0	6:31	-0.8	7:10	-1.0	7:13	5:14	