US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1777

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:07	2.6	6:09	2.6			12:22	0.7	7:27	4:40	
2	Thu	6:54	2.7	6:57	2.4	12:56	0.4	1:25	0.7	7:27	4:41	
3	Fri	7:42	2.7	7:50	2.4	1:47	0.4	2:23	0.6	7:27	4:42	
4	Sat	8:34	2.8	8:49	2.4	2:36	0.3	3:15	0.4	7:27	4:43	
5	Sun	9:25	2.9	9:45	2.4	3:22	0.3	4:04	0.3	7:27	4:44	
6	Mon	10:10	3.1	10:32	2.5	4:06	0.2	4:51	0.1	7:27	4:45	
7	Tue	10:51	3.3	11:15	2.6	4:51	0.1	5:37	-0.1	7:27	4:46	
8	Wed	11:30	3.5	11:55	2.8	5:35	-0.1	6:24	-0.3	7:26	4:47	
9	Thu			12:09	3.6	6:21	-0.2	7:09	-0.4	7:26	4:48	
10	Fri	12:36	2.8	12:50	3.6	7:07	-0.3	7:53	-0.6	7:26	4:49	
11	Sat	1:19	2.9	1:35	3.6	7:53	-0.3	8:36	-0.6	7:26	4:50	
12	Sun	2:07	2.9	2:24	3.6	8:39	-0.4	9:20	-0.6	7:25	4:51	
13	Mon	3:01	3.0	3:19	3.5	9:27	-0.3	10:06	-0.5	7:25	4:52	
14	Tue	3:58	3.0	4:17	3.3	10:21	-0.2	10:57	-0.4	7:25	4:54	
15	Wed	4:56	3.1	5:16	3.1	11:26	0.0	11:56	-0.3	7:24	4:55	
16	Thu	5:53	3.1	6:14	3.0			12:37	0.1	7:24	4:56	
17	Fri	6:51	3.2	7:14	2.8	12:58	-0.2	1:47	0.1	7:23	4:57	
18	Sat	7:52	3.2	8:21	2.7	2:00	-0.2	2:51	0.0	7:23	4:58	
19	Sun	8:57	3.2	9:27	2.8	2:59	-0.2	3:50	-0.2	7:22	4:59	
20	Mon	9:58	3.3	10:27	2.8	3:54	-0.3	4:44	-0.3	7:21	5:01	
21	Tue	10:51	3.4	11:18	2.9	4:47	-0.3	5:36	-0.4	7:21	5:02	
22	Wed	11:38	3.5			5:37	-0.3	6:25	-0.5	7:20	5:03	
23	Thu	12:06	3.0	12:22	3.5	6:26	-0.3	7:11	-0.5	7:19	5:04	
24	Fri	12:52	3.0	1:05	3.4	7:12	-0.3	7:54	-0.5	7:18	5:06	
25	Sat	1:36	2.9	1:47	3.3	7:55	-0.2	8:34	-0.4	7:18	5:07	
26	Sun	2:21	2.9	2:29	3.2	8:35	-0.1	9:12	-0.3	7:17	5:08	
27	Mon	3:07	2.8	3:12	3.0	9:14	0.0	9:48	-0.1	7:16	5:09	
28	Tue	3:52	2.8	3:55	2.8	9:53	0.2	10:24	0.0	7:15	5:11	
29	Wed	4:37	2.7	4:38	2.6	10:34	0.4	11:03	0.2	7:14	5:12	
30	Thu	5:20	2.7	5:21	2.5	11:25	0.5	11:47	0.3	7:13	5:13	
31	Fri	6:01	2.6	6:04	2.3			12:29	0.6	7:12	5:14	