US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 1777

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:03	2.7	5:16	2.4	11:29	0.5	11:18	0.5	6:33	5:50	
2	Sun	5:44	2.7	6:05	2.3			12:42	0.6	6:32	5:51	
3	Mon	6:32	2.7	7:02	2.3	12:29	0.6	1:53	0.5	6:30	5:53	
4	Tue	7:32	2.8	8:14	2.3	1:51	0.6	2:54	0.4	6:28	5:54	
5	Wed	8:43	3.0	9:24	2.5	2:57	0.4	3:49	0.2	6:27	5:55	
6	Thu	9:47	3.2	10:20	2.8	3:54	0.2	4:40	-0.1	6:25	5:56	
7	Fri	10:41	3.5	11:08	3.1	4:48	-0.1	5:29	-0.4	6:23	5:57	
8	Sat	11:30	3.7	11:54	3.4	5:41	-0.4	6:17	-0.6	6:22	5:58	
9	Sun			12:17	3.8	6:33	-0.6	7:04	-0.7	6:20	6:00	
10	Mon	12:40	3.6	1:05	3.8	7:24	-0.7	7:49	-0.8	6:18	6:01	
11	Tue	1:29	3.7	1:55	3.7	8:14	-0.8	8:34	-0.8	6:17	6:02	
12	Wed	2:20	3.7	2:49	3.6	9:03	-0.7	9:20	-0.7	6:15	6:03	
13	Thu	3:14	3.7	3:46	3.4	9:55	-0.5	10:08	-0.4	6:13	6:04	
14	Fri	4:12	3.6	4:46	3.1	10:52	-0.3	11:04	-0.2	6:12	6:05	
15	Sat	5:10	3.4	5:45	3.0	11:58	0.0			6:10	6:06	
16	Sun	6:08	3.2	6:45	2.8	12:07	0.1	1:06	0.1	6:08	6:07	
17	Mon	7:09	3.1	7:48	2.7	1:16	0.3	2:12	0.2	6:07	6:09	
18	Tue	8:15	3.0	8:54	2.7	2:21	0.3	3:11	0.1	6:05	6:10	
19	Wed	9:20	3.0	9:54	2.8	3:20	0.3	4:04	0.1	6:03	6:11	
20	Thu	10:16	3.1	10:43	3.0	4:13	0.2	4:52	0.0	6:01	6:12	
21	Fri	11:02	3.2	11:26	3.1	5:01	0.1	5:36	-0.1	6:00	6:13	
22	Sat	11:43	3.2			5:46	0.0	6:17	-0.1	5:58	6:14	
23	Sun	12:05	3.2	12:21	3.2	6:29	-0.1	6:56	-0.1	5:56	6:15	
24	Mon	12:42	3.3	12:57	3.2	7:10	-0.1	7:32	-0.1	5:55	6:16	
25	Tue	1:18	3.3	1:32	3.1	7:49	-0.1	8:06	-0.1	5:53	6:17	
26	Wed	1:53	3.3	2:07	3.0	8:25	0.0	8:36	0.1	5:51	6:18	
27	Thu	2:26	3.2	2:41	2.8	9:00	0.1	9:04	0.2	5:49	6:20	
28	Fri	2:57	3.1	3:17	2.7	9:33	0.2	9:29	0.3	5:48	6:21	
29	Sat	3:29	3.0	3:56	2.6	10:08	0.3	9:57	0.5	5:46	6:22	
30	Sun	4:07	3.0	4:42	2.5	10:51	0.5	10:34	0.6	5:44	6:23	
31	Mon	4:53	2.9	5:34	2.5	11:56	0.6	11:34	0.7	5:43	6:24	