US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1777

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:02	3.2	9:35	3.9	3:33	0.1	3:37	-0.1	4:28	7:37	
2	Wed	10:05	3.3	10:31	4.0	4:29	0.0	4:31	-0.1	4:29	7:37	
3	Thu	11:02	3.3	11:22	4.1	5:24	-0.2	5:24	-0.1	4:29	7:37	
4	Fri	11:55	3.4			6:17	-0.3	6:17	-0.1	4:30	7:37	
5	Sat	12:11	4.1	12:47	3.4	7:08	-0.3	7:09	0.0	4:30	7:36	
6	Sun	1:00	4.0	1:40	3.3	7:57	-0.3	7:58	0.1	4:31	7:36	
7	Mon	1:49	3.8	2:33	3.3	8:43	-0.2	8:45	0.2	4:32	7:36	
8	Tue	2:40	3.7	3:26	3.2	9:27	-0.1	9:30	0.4	4:32	7:35	
9	Wed	3:31	3.5	4:18	3.2	10:12	0.1	10:18	0.6	4:33	7:35	
10	Thu	4:22	3.3	5:07	3.1	10:57	0.3	11:10	0.8	4:34	7:35	
11	Fri	5:10	3.1	5:53	3.1	11:46	0.4			4:34	7:34	
12	Sat	5:56	2.9	6:37	3.1	12:08	0.9	12:35	0.6	4:35	7:34	
13	Sun	6:42	2.8	7:23	3.2	1:09	0.9	1:25	0.6	4:36	7:33	
14	Mon	7:32	2.7	8:12	3.2	2:06	0.9	2:13	0.7	4:37	7:32	
15	Tue	8:28	2.6	9:03	3.3	2:58	0.8	3:00	0.6	4:38	7:32	
16	Wed	9:26	2.7	9:51	3.4	3:48	0.6	3:45	0.6	4:38	7:31	
17	Thu	10:17	2.7	10:34	3.5	4:34	0.5	4:30	0.5	4:39	7:31	
18	Fri	11:02	2.8	11:13	3.7	5:20	0.3	5:15	0.5	4:40	7:30	
19	Sat	11:43	3.0	11:51	3.8	6:06	0.2	6:02	0.4	4:41	7:29	
20	Sun			12:23	3.0	6:51	0.0	6:48	0.3	4:42	7:28	
21	Mon	12:30	3.9	1:04	3.1	7:34	-0.1	7:34	0.2	4:43	7:28	
22	Tue	1:11	3.9	1:49	3.2	8:17	-0.2	8:19	0.2	4:44	7:27	
23	Wed	1:57	3.8	2:38	3.3	8:58	-0.2	9:05	0.2	4:45	7:26	
24	Thu	2:49	3.8	3:32	3.4	9:41	-0.2	9:55	0.3	4:46	7:25	
25	Fri	3:45	3.6	4:28	3.5	10:27	-0.1	10:54	0.4	4:46	7:24	
26	Sat	4:43	3.5	5:22	3.6	11:19	0.0			4:47	7:23	
27	Sun	5:40	3.4	6:17	3.6	12:02	0.4	12:19	0.1	4:48	7:22	
28	Mon	6:38	3.2	7:14	3.7	1:12	0.4	1:21	0.1	4:49	7:21	
29	Tue	7:41	3.1	8:16	3.7	2:17	0.4	2:22	0.1	4:50	7:20	
30	Wed	8:48	3.1	9:20	3.8	3:18	0.2	3:20	0.1	4:51	7:19	
31	Thu	9:53	3.2	10:18	3.9	4:14	0.1	4:15	0.1	4:52	7:18	