US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1777

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:50	3.3	11:09	3.9	5:08	0.0	5:09	0.1	4:53	7:17	
2	Sat	11:41	3.4	11:57	3.9	5:59	-0.1	6:01	0.1	4:54	7:16	
3	Sun			12:30	3.4	6:48	-0.2	6:51	0.1	4:55	7:14	
4	Mon	12:42	3.9	1:17	3.4	7:34	-0.2	7:38	0.2	4:56	7:13	
5	Tue	1:27	3.8	2:04	3.4	8:17	-0.1	8:22	0.3	4:57	7:12	
6	Wed	2:12	3.6	2:52	3.3	8:57	0.0	9:03	0.4	4:58	7:11	
7	Thu	2:57	3.4	3:39	3.3	9:35	0.2	9:45	0.6	4:59	7:10	
8	Fri	3:44	3.3	4:26	3.2	10:13	0.4	10:30	0.7	5:00	7:08	
9	Sat	4:30	3.1	5:10	3.2	10:52	0.5	11:21	0.9	5:01	7:07	
10	Sun	5:16	2.9	5:53	3.2	11:36	0.7			5:02	7:06	
11	Mon	6:00	2.8	6:36	3.2	12:20	1.0	12:27	0.8	5:04	7:04	
12	Tue	6:47	2.7	7:22	3.2	1:22	1.0	1:23	0.9	5:05	7:03	
13	Wed	7:42	2.6	8:14	3.2	2:21	0.9	2:18	0.9	5:06	7:02	
14	Thu	8:44	2.6	9:09	3.3	3:14	0.8	3:10	0.8	5:07	7:00	
15	Fri	9:43	2.8	10:00	3.5	4:03	0.6	4:00	0.7	5:08	6:59	
16	Sat	10:32	2.9	10:45	3.7	4:50	0.4	4:48	0.5	5:09	6:57	
17	Sun	11:15	3.1	11:28	3.9	5:36	0.2	5:37	0.3	5:10	6:56	
18	Mon	11:57	3.3			6:22	0.0	6:26	0.2	5:11	6:54	
19	Tue	12:10	4.0	12:39	3.5	7:07	-0.2	7:15	0.0	5:12	6:53	
20	Wed	12:54	4.0	1:24	3.6	7:50	-0.3	8:04	0.0	5:13	6:51	
21	Thu	1:41	4.0	2:13	3.7	8:33	-0.3	8:52	0.0	5:14	6:50	
22	Fri	2:32	3.9	3:06	3.8	9:16	-0.3	9:43	0.1	5:15	6:48	
23	Sat	3:29	3.7	4:04	3.8	10:02	-0.1	10:40	0.2	5:16	6:47	
24	Sun	4:28	3.5	5:02	3.8	10:54	0.0	11:45	0.4	5:17	6:45	
25	Mon	5:28	3.4	5:59	3.7	11:55	0.2			5:18	6:44	
26	Tue	6:28	3.2	6:58	3.7	12:55	0.4	1:01	0.3	5:19	6:42	
27	Wed	7:31	3.1	8:01	3.6	2:02	0.4	2:06	0.4	5:20	6:40	
28	Thu	8:38	3.1	9:06	3.7	3:03	0.3	3:06	0.4	5:21	6:39	
29	Fri	9:42	3.2	10:05	3.7	3:59	0.2	4:02	0.3	5:22	6:37	
30	Sat	10:37	3.3	10:56	3.8	4:50	0.1	4:54	0.3	5:23	6:36	
31	Sun	11:25	3.4	11:40	3.8	5:39	0.0	5:44	0.2	5:24	6:34	