US HARBORS www.USHarbors.com

Poughkeepsie, NY - May 1778

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:43	3.8	4:33	3.2	10:36	-0.2	10:40	0.2	4:55	6:57	
2	Sat	4:47	3.6	5:35	3.1	11:39	0.0	11:47	0.4	4:54	6:58	
3	Sun	5:49	3.4	6:35	3.1			12:45	0.1	4:52	6:59	
4	Mon	6:49	3.2	7:34	3.1	12:59	0.5	1:48	0.2	4:51	7:00	
5	Tue	7:51	3.1	8:35	3.1	2:06	0.5	2:45	0.1	4:50	7:01	
6	Wed	8:53	3.1	9:31	3.3	3:05	0.4	3:35	0.1	4:49	7:02	
7	Thu	9:49	3.1	10:19	3.4	3:57	0.3	4:21	0.1	4:47	7:04	
8	Fri	10:37	3.1	11:01	3.5	4:45	0.2	5:03	0.1	4:46	7:05	
9	Sat	11:19	3.1	11:39	3.6	5:31	0.1	5:43	0.1	4:45	7:06	
10	Sun	11:59	3.1			6:14	0.1	6:23	0.2	4:44	7:07	
11	Mon	12:15	3.7	12:37	3.1	6:57	0.0	7:01	0.2	4:43	7:08	
12	Tue	12:50	3.6	1:16	3.0	7:37	0.0	7:37	0.3	4:42	7:09	
13	Wed	1:24	3.6	1:55	2.9	8:15	0.1	8:11	0.4	4:41	7:10	
14	Thu	1:57	3.4	2:37	2.8	8:52	0.2	8:43	0.5	4:40	7:11	
15	Fri	2:31	3.3	3:22	2.7	9:29	0.3	9:13	0.7	4:39	7:12	
16	Sat	3:08	3.2	4:10	2.6	10:07	0.4	9:46	0.8	4:38	7:13	
17	Sun	3:51	3.1	4:57	2.6	10:51	0.5	10:28	0.9	4:37	7:14	
18	Mon	4:42	3.1	5:43	2.6	11:46	0.5	11:35	1.0	4:36	7:15	
19	Tue	5:35	3.0	6:30	2.8			12:47	0.5	4:35	7:16	
20	Wed	6:31	3.1	7:21	2.9	1:02	0.9	1:45	0.4	4:34	7:17	
21	Thu	7:32	3.1	8:18	3.2	2:12	0.7	2:39	0.3	4:33	7:18	
22	Fri	8:38	3.2	9:16	3.5	3:12	0.4	3:29	0.1	4:32	7:18	
23	Sat	9:41	3.3	10:09	3.8	4:08	0.2	4:18	-0.1	4:32	7:19	
24	Sun	10:37	3.4	10:58	4.1	5:02	-0.1	5:07	-0.2	4:31	7:20	
25	Mon	11:29	3.5	11:47	4.3	5:56	-0.3	5:59	-0.3	4:30	7:21	
26	Tue			12:21	3.5	6:50	-0.5	6:51	-0.4	4:30	7:22	
27	Wed	12:36	4.3	1:16	3.5	7:42	-0.6	7:43	-0.3	4:29	7:23	
28	Thu	1:29	4.2	2:15	3.4	8:34	-0.5	8:35	-0.2	4:28	7:24	
29	Fri	2:27	4.0	3:17	3.3	9:25	-0.4	9:28	0.0	4:28	7:25	
30	Sat	3:29	3.8	4:20	3.3	10:19	-0.2	10:25	0.2	4:27	7:25	
31	Sun	4:31	3.6	5:20	3.2	11:18	-0.1	11:28	0.5	4:27	7:26	