US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 1779

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:33	3.6	2:13	2.8	8:28	0.1	8:22	0.5	4:26	7:27	
2	Wed	2:13	3.4	3:00	2.7	9:06	0.2	8:58	0.7	4:26	7:27	
3	Thu	2:55	3.3	3:51	2.7	9:45	0.3	9:33	0.8	4:26	7:28	
4	Fri	3:40	3.1	4:40	2.7	10:25	0.4	10:12	0.9	4:25	7:29	
5	Sat	4:27	3.0	5:25	2.7	11:10	0.5	11:03	1.0	4:25	7:30	
6	Sun	5:12	3.0	6:06	2.7			12:01	0.6	4:25	7:30	
7	Mon	5:57	2.9	6:47	2.8	12:15	1.1	12:55	0.6	4:24	7:31	
8	Tue	6:45	2.9	7:31	3.0	1:25	1.0	1:46	0.5	4:24	7:31	
9	Wed	7:40	2.9	8:21	3.2	2:26	0.8	2:35	0.4	4:24	7:32	
10	Thu	8:42	2.9	9:14	3.5	3:21	0.6	3:22	0.2	4:24	7:33	
11	Fri	9:42	3.0	10:04	3.8	4:14	0.3	4:10	0.1	4:24	7:33	
12	Sat	10:37	3.1	10:52	4.0	5:06	0.1	5:00	0.0	4:23	7:34	
13	Sun	11:28	3.2	11:40	4.2	5:59	-0.2	5:52	-0.1	4:23	7:34	
14	Mon			12:20	3.3	6:52	-0.3	6:46	-0.1	4:23	7:35	
15	Tue	12:30	4.2	1:15	3.3	7:44	-0.4	7:40	-0.2	4:23	7:35	
16	Wed	1:25	4.2	2:14	3.3	8:34	-0.4	8:33	-0.1	4:23	7:35	
17	Thu	2:24	4.0	3:17	3.3	9:25	-0.4	9:27	0.0	4:23	7:36	
18	Fri	3:27	3.9	4:20	3.4	10:19	-0.3	10:26	0.2	4:24	7:36	
19	Sat	4:30	3.7	5:19	3.4	11:15	-0.1	11:31	0.4	4:24	7:36	
20	Sun	5:29	3.5	6:14	3.4			12:15	0.0	4:24	7:37	
21	Mon	6:24	3.3	7:08	3.5	12:38	0.5	1:13	0.1	4:24	7:37	
22	Tue	7:19	3.1	8:02	3.5	1:43	0.5	2:07	0.1	4:24	7:37	
23	Wed	8:17	3.0	8:56	3.5	2:43	0.4	2:58	0.2	4:25	7:37	
24	Thu	9:16	2.9	9:47	3.6	3:36	0.4	3:45	0.3	4:25	7:37	
25	Fri	10:10	2.9	10:32	3.6	4:26	0.3	4:29	0.3	4:25	7:37	
26	Sat	10:57	2.9	11:14	3.7	5:13	0.2	5:13	0.4	4:26	7:38	
27	Sun	11:41	2.9	11:53	3.7	5:59	0.2	5:56	0.4	4:26	7:38	
28	Mon			12:23	2.9	6:43	0.1	6:39	0.5	4:26	7:38	
29	Tue	12:32	3.6	1:05	2.9	7:25	0.1	7:21	0.5	4:27	7:38	
30	Wed	1:10	3.6	1:49	2.8	8:05	0.1	8:00	0.6	4:27	7:37	