US HARBORS www.USHarbors.com

Poughkeepsie, NY - Nov 1779

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:11	3.0	6:24	3.4	12:29	0.4	12:32	0.6	6:32	4:54	
2	Tue	7:15	3.1	7:31	3.4	1:36	0.3	1:47	0.5	6:33	4:53	
3	Wed	8:20	3.2	8:38	3.4	2:35	0.1	2:52	0.4	6:34	4:52	
4	Thu	9:21	3.5	9:39	3.5	3:29	0.0	3:49	0.2	6:35	4:51	
5	Fri	10:14	3.7	10:31	3.5	4:18	-0.2	4:42	0.0	6:37	4:49	
6	Sat	11:01	3.9	11:18	3.5	5:04	-0.2	5:32	-0.1	6:38	4:48	
7	Sun	11:44	4.0			5:50	-0.2	6:21	-0.2	6:39	4:47	
8	Mon	12:02	3.5	12:24	4.0	6:33	-0.2	7:08	-0.2	6:40	4:46	
9	Tue	12:45	3.4	1:05	3.9	7:16	0.0	7:52	-0.1	6:42	4:45	
10	Wed	1:29	3.2	1:45	3.7	7:56	0.1	8:34	0.0	6:43	4:44	
11	Thu	2:15	3.0	2:28	3.5	8:34	0.3	9:16	0.2	6:44	4:43	
12	Fri	3:06	2.8	3:15	3.3	9:11	0.5	9:59	0.4	6:45	4:42	
13	Sat	4:00	2.7	4:07	3.2	9:49	0.7	10:46	0.5	6:46	4:41	
14	Sun	4:54	2.6	4:59	3.0	10:33	0.9	11:42	0.7	6:48	4:40	
15	Mon	5:46	2.5	5:50	2.9	11:37	1.1			6:49	4:39	
16	Tue	6:36	2.6	6:40	2.9	12:41	0.7	12:51	1.1	6:50	4:39	
17	Wed	7:26	2.6	7:31	2.8	1:37	0.6	1:55	1.0	6:51	4:38	
18	Thu	8:18	2.8	8:26	2.9	2:26	0.5	2:50	0.8	6:53	4:37	
19	Fri	9:07	2.9	9:19	2.9	3:10	0.4	3:39	0.6	6:54	4:36	
20	Sat	9:50	3.2	10:06	3.0	3:52	0.2	4:26	0.4	6:55	4:35	
21	Sun	10:28	3.4	10:49	3.1	4:32	0.1	5:12	0.2	6:56	4:35	
22	Mon	11:04	3.7	11:30	3.2	5:13	0.0	5:58	0.0	6:57	4:34	
23	Tue	11:41	3.9			5:56	-0.1	6:46	-0.2	6:58	4:34	
24	Wed	12:11	3.2	12:21	4.0	6:41	-0.2	7:34	-0.3	7:00	4:33	
25	Thu	12:57	3.2	1:06	4.0	7:27	-0.2	8:22	-0.3	7:01	4:32	
26	Fri	1:48	3.1	1:57	3.9	8:14	-0.2	9:11	-0.3	7:02	4:32	
27	Sat	2:47	3.0	2:56	3.7	9:04	-0.1	10:03	-0.2	7:03	4:32	
28	Sun	3:53	3.0	4:03	3.6	9:59	0.1	11:03	0.0	7:04	4:31	
29	Mon	4:58	3.0	5:10	3.4	11:05	0.3			7:05	4:31	
30	Tue	6:00	3.0	6:12	3.3	12:07	0.0	12:20	0.4	7:06	4:30	