US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1782

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:20	2.7	1:15	3.4	7:37	0.0	8:30	-0.3	7:27	4:40	
2	Wed	2:02	2.7	1:57	3.4	8:18	0.0	9:09	-0.3	7:27	4:41	
3	Thu	2:47	2.7	2:43	3.3	9:00	0.0	9:49	-0.2	7:27	4:42	
4	Fri	3:38	2.8	3:36	3.2	9:46	0.0	10:32	-0.2	7:27	4:43	
5	Sat	4:31	2.9	4:32	3.1	10:42	0.1	11:23	-0.1	7:27	4:44	
6	Sun	5:24	3.0	5:29	2.9	11:51	0.2			7:27	4:45	
7	Mon	6:18	3.1	6:28	2.8	12:22	-0.1	1:06	0.2	7:27	4:46	
8	Tue	7:16	3.2	7:33	2.6	1:25	-0.1	2:16	0.1	7:27	4:47	
9	Wed	8:20	3.3	8:46	2.6	2:27	-0.1	3:20	0.0	7:26	4:48	
10	Thu	9:26	3.4	9:55	2.7	3:26	-0.2	4:18	-0.2	7:26	4:49	
11	Fri	10:25	3.5	10:55	2.8	4:23	-0.2	5:14	-0.3	7:26	4:50	
12	Sat	11:19	3.6	11:48	2.9	5:18	-0.3	6:07	-0.5	7:25	4:51	
13	Sun			12:08	3.7	6:12	-0.3	6:58	-0.5	7:25	4:52	
14	Mon	12:38	2.9	12:56	3.6	7:03	-0.3	7:45	-0.6	7:25	4:53	
15	Tue	1:28	2.9	1:43	3.5	7:51	-0.3	8:28	-0.5	7:24	4:55	
16	Wed	2:17	2.9	2:31	3.3	8:36	-0.2	9:10	-0.4	7:24	4:56	
17	Thu	3:06	2.9	3:18	3.2	9:19	0.0	9:49	-0.3	7:23	4:57	
18	Fri	3:54	2.8	4:05	2.9	10:03	0.2	10:29	-0.1	7:23	4:58	
19	Sat	4:41	2.7	4:52	2.7	10:51	0.4	11:10	0.1	7:22	4:59	
20	Sun	5:25	2.7	5:37	2.5	11:46	0.5	11:55	0.3	7:21	5:00	
21	Mon	6:07	2.7	6:23	2.3			12:49	0.6	7:21	5:02	
22	Tue	6:51	2.6	7:14	2.2	12:46	0.4	1:51	0.6	7:20	5:03	
23	Wed	7:40	2.6	8:14	2.1	1:40	0.5	2:49	0.5	7:19	5:04	
24	Thu	8:37	2.7	9:17	2.2	2:35	0.5	3:41	0.4	7:19	5:05	
25	Fri	9:35	2.8	10:13	2.3	3:26	0.4	4:29	0.2	7:18	5:07	
26	Sat	10:24	3.0	10:59	2.4	4:15	0.3	5:16	0.1	7:17	5:08	
27	Sun	11:06	3.2	11:40	2.6	5:03	0.1	6:01	-0.1	7:16	5:09	
28	Mon	11:45	3.3			5:50	0.0	6:45	-0.3	7:15	5:10	
29	Tue	12:19	2.7	12:23	3.4	6:36	-0.2	7:27	-0.4	7:14	5:12	
30	Wed	12:59	2.8	1:03	3.5	7:22	-0.3	8:06	-0.5	7:13	5:13	
31	Thu	1:40	3.0	1:45	3.5	8:06	-0.4	8:45	-0.5	7:12	5:14	