US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1783

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:31	3.7	11:01	2.9	4:31	-0.3	5:26	-0.4	7:27	4:40	
2	Thu	11:26	3.9	11:56	3.0	5:28	-0.4	6:21	-0.6	7:27	4:41	
3	Fri			12:19	3.9	6:25	-0.5	7:14	-0.7	7:27	4:42	
4	Sat	12:51	3.1	1:11	3.9	7:19	-0.5	8:04	-0.8	7:27	4:43	
5	Sun	1:46	3.1	2:05	3.7	8:11	-0.5	8:51	-0.7	7:27	4:44	
6	Mon	2:42	3.1	2:59	3.6	9:01	-0.3	9:38	-0.6	7:27	4:45	
7	Tue	3:38	3.1	3:53	3.3	9:52	-0.1	10:25	-0.4	7:27	4:46	
8	Wed	4:32	3.0	4:46	3.1	10:45	0.1	11:14	-0.2	7:27	4:47	
9	Thu	5:23	2.9	5:37	2.9	11:45	0.3			7:26	4:48	
10	Fri	6:11	2.9	6:26	2.6	12:07	0.0	12:49	0.4	7:26	4:49	
11	Sat	6:59	2.8	7:18	2.4	1:00	0.2	1:51	0.5	7:26	4:50	
12	Sun	7:50	2.8	8:15	2.3	1:52	0.3	2:48	0.4	7:26	4:51	
13	Mon	8:45	2.8	9:16	2.3	2:42	0.3	3:40	0.3	7:25	4:52	
14	Tue	9:40	2.9	10:10	2.3	3:30	0.3	4:28	0.2	7:25	4:53	
15	Wed	10:28	3.0	10:58	2.4	4:16	0.3	5:14	0.1	7:24	4:54	
16	Thu	11:10	3.1	11:40	2.5	5:01	0.2	5:58	0.0	7:24	4:55	
17	Fri	11:48	3.2			5:46	0.1	6:40	-0.1	7:23	4:57	
18	Sat	12:20	2.6	12:23	3.2	6:29	0.1	7:20	-0.2	7:23	4:58	
19	Sun	12:58	2.6	12:56	3.2	7:10	0.0	7:57	-0.2	7:22	4:59	
20	Mon	1:35	2.7	1:28	3.2	7:49	0.0	8:32	-0.3	7:22	5:00	
21	Tue	2:11	2.7	2:01	3.1	8:26	0.0	9:05	-0.2	7:21	5:01	
22	Wed	2:47	2.7	2:39	3.1	9:03	0.0	9:37	-0.2	7:20	5:03	
23	Thu	3:27	2.8	3:23	2.9	9:43	0.1	10:11	-0.1	7:19	5:04	
24	Fri	4:12	2.9	4:14	2.8	10:31	0.2	10:51	0.0	7:19	5:05	
25	Sat	5:02	3.0	5:10	2.7	11:35	0.2	11:46	0.1	7:18	5:06	
26	Sun	5:55	3.1	6:09	2.5			12:54	0.3	7:17	5:08	
27	Mon	6:54	3.1	7:17	2.4	12:58	0.1	2:09	0.2	7:16	5:09	
28	Tue	8:03	3.2	8:37	2.5	2:12	0.1	3:16	0.0	7:15	5:10	
29	Wed	9:17	3.3	9:52	2.6	3:18	-0.1	4:16	-0.2	7:14	5:11	
30	Thu	10:22	3.5	10:54	2.8	4:20	-0.2	5:12	-0.4	7:14	5:13	
31	Fri	11:18	3.7	11:48	3.0	5:18	-0.4	6:05	-0.6	7:13	5:14	