US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1783

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:47	3.5	2:38	3.1	8:50	0.2	8:51	0.5	4:53	7:17	
2	Sat	2:21	3.4	3:15	3.2	9:21	0.2	9:29	0.6	4:54	7:16	
3	Sun	3:00	3.3	3:54	3.3	9:51	0.3	10:11	0.6	4:55	7:15	
4	Mon	3:47	3.1	4:38	3.4	10:24	0.4	11:06	0.7	4:56	7:14	
5	Tue	4:40	3.0	5:27	3.5	11:08	0.4			4:57	7:13	
6	Wed	5:37	2.9	6:21	3.6	12:19	0.7	12:09	0.5	4:58	7:11	
7	Thu	6:39	2.8	7:22	3.6	1:35	0.7	1:25	0.5	4:59	7:10	
8	Fri	7:51	2.8	8:33	3.7	2:43	0.5	2:38	0.4	5:00	7:09	
9	Sat	9:10	2.9	9:43	3.9	3:44	0.3	3:43	0.3	5:01	7:08	
10	Sun	10:19	3.1	10:44	4.1	4:41	0.1	4:44	0.1	5:02	7:06	
11	Mon	11:16	3.4	11:37	4.2	5:35	-0.1	5:42	0.0	5:03	7:05	
12	Tue			12:09	3.6	6:27	-0.3	6:38	-0.1	5:04	7:04	
13	Wed	12:28	4.2	1:01	3.7	7:16	-0.4	7:31	-0.1	5:05	7:02	
14	Thu	1:18	4.1	1:52	3.7	8:03	-0.4	8:21	-0.1	5:06	7:01	
15	Fri	2:08	3.9	2:43	3.7	8:47	-0.3	9:09	0.1	5:07	6:59	
16	Sat	2:59	3.7	3:34	3.7	9:29	-0.1	9:58	0.3	5:08	6:58	
17	Sun	3:52	3.5	4:25	3.6	10:12	0.1	10:50	0.5	5:09	6:57	
18	Mon	4:44	3.2	5:13	3.5	10:57	0.4	11:50	0.7	5:10	6:55	
19	Tue	5:35	3.0	6:01	3.3	11:47	0.7			5:11	6:54	
20	Wed	6:27	2.8	6:49	3.2	12:53	0.8	12:44	0.9	5:12	6:52	
21	Thu	7:21	2.6	7:43	3.2	1:55	0.9	1:43	0.9	5:13	6:51	
22	Fri	8:22	2.6	8:43	3.2	2:52	0.8	2:39	0.9	5:14	6:49	
23	Sat	9:22	2.7	9:40	3.3	3:43	0.7	3:31	0.9	5:16	6:47	
24	Sun	10:15	2.8	10:28	3.4	4:28	0.6	4:19	0.8	5:17	6:46	
25	Mon	11:00	3.0	11:09	3.5	5:11	0.5	5:04	0.7	5:18	6:44	
26	Tue	11:40	3.1	11:44	3.6	5:52	0.4	5:48	0.5	5:19	6:43	
27	Wed			12:16	3.3	6:32	0.2	6:31	0.4	5:20	6:41	
28	Thu	12:17	3.6	12:50	3.4	7:09	0.2	7:13	0.4	5:21	6:40	
29	Fri	12:48	3.6	1:22	3.4	7:43	0.1	7:53	0.3	5:22	6:38	
30	Sat	1:19	3.5	1:55	3.5	8:16	0.1	8:31	0.3	5:23	6:36	
31	Sun	1:54	3.4	2:31	3.6	8:47	0.2	9:11	0.4	5:24	6:35	