US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1784

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:36	3.1	7:57	2.6	1:39	0.0	2:29	0.2	7:27	4:40	
2	Fri	8:33	3.0	8:59	2.5	2:33	0.1	3:25	0.2	7:27	4:41	
3	Sat	9:29	3.1	9:57	2.5	3:23	0.1	4:17	0.1	7:27	4:42	
4	Sun	10:19	3.1	10:47	2.5	4:11	0.2	5:05	0.0	7:27	4:42	
5	Mon	11:04	3.2	11:32	2.6	4:57	0.1	5:51	0.0	7:27	4:43	
6	Tue	11:44	3.2			5:41	0.1	6:35	-0.1	7:27	4:44	
7	Wed	12:14	2.6	12:23	3.2	6:25	0.1	7:16	-0.1	7:27	4:45	
8	Thu	12:54	2.7	12:59	3.2	7:07	0.1	7:54	-0.2	7:27	4:46	
9	Fri	1:35	2.7	1:34	3.1	7:46	0.1	8:30	-0.1	7:26	4:47	
10	Sat	2:16	2.6	2:07	3.0	8:22	0.1	9:03	-0.1	7:26	4:48	
11	Sun	2:55	2.6	2:39	2.9	8:56	0.2	9:34	0.0	7:26	4:49	
12	Mon	3:34	2.6	3:13	2.8	9:30	0.3	10:03	0.1	7:26	4:51	
13	Tue	4:11	2.6	3:52	2.7	10:06	0.4	10:33	0.1	7:25	4:52	
14	Wed	4:49	2.7	4:37	2.6	10:53	0.5	11:11	0.2	7:25	4:53	
15	Thu	5:29	2.8	5:29	2.5			12:01	0.5	7:24	4:54	
16	Fri	6:16	2.9	6:26	2.4	12:05	0.3	1:21	0.5	7:24	4:55	
17	Sat	7:12	3.0	7:33	2.3	1:16	0.3	2:32	0.3	7:23	4:56	
18	Sun	8:19	3.1	8:52	2.4	2:27	0.2	3:35	0.1	7:23	4:57	
19	Mon	9:29	3.4	10:03	2.6	3:31	0.0	4:32	-0.2	7:22	4:59	
20	Tue	10:31	3.6	11:02	2.8	4:31	-0.2	5:27	-0.4	7:22	5:00	
21	Wed	11:26	3.8	11:56	3.0	5:29	-0.4	6:20	-0.6	7:21	5:01	
22	Thu			12:18	3.9	6:25	-0.6	7:11	-0.8	7:20	5:02	
23	Fri	12:48	3.2	1:10	3.9	7:19	-0.7	7:59	-0.9	7:20	5:03	
24	Sat	1:41	3.3	2:02	3.8	8:11	-0.7	8:45	-0.9	7:19	5:05	
25	Sun	2:35	3.3	2:55	3.6	9:01	-0.6	9:30	-0.8	7:18	5:06	
26	Mon	3:30	3.3	3:49	3.3	9:52	-0.4	10:17	-0.6	7:17	5:07	
27	Tue	4:24	3.2	4:43	3.1	10:48	-0.1	11:07	-0.3	7:16	5:08	
28	Wed	5:17	3.1	5:36	2.8	11:49	0.1			7:16	5:10	
29	Thu	6:07	3.0	6:30	2.6	12:01	0.0	12:55	0.3	7:15	5:11	
30	Fri	6:59	2.9	7:27	2.4	1:00	0.2	2:00	0.3	7:14	5:12	
31	Sat	7:56	2.8	8:30	2.3	1:59	0.3	2:59	0.3	7:13	5:14	