US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 1784

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:22	2.6	9:04	2.3	2:24	0.6	3:24	0.4	6:33	5:51	
2	Tue	9:27	2.7	10:00	2.5	3:20	0.6	4:12	0.3	6:31	5:52	
3	Wed	10:19	2.8	10:47	2.6	4:10	0.4	4:56	0.2	6:29	5:53	
4	Thu	11:02	3.0	11:27	2.8	4:56	0.3	5:37	0.1	6:28	5:54	
5	Fri	11:39	3.1			5:40	0.1	6:15	-0.1	6:26	5:55	
6	Sat	12:04	3.0	12:13	3.1	6:22	0.0	6:52	-0.1	6:25	5:56	
7	Sun	12:37	3.1	12:44	3.1	7:02	-0.1	7:26	-0.2	6:23	5:58	
8	Mon	1:08	3.2	1:14	3.1	7:41	-0.1	7:58	-0.2	6:21	5:59	
9	Tue	1:37	3.2	1:44	3.0	8:17	-0.1	8:28	-0.1	6:20	6:00	
10	Wed	2:06	3.2	2:17	2.9	8:53	-0.1	8:56	0.0	6:18	6:01	
11	Thu	2:40	3.2	2:58	2.8	9:30	0.0	9:27	0.1	6:16	6:02	
12	Fri	3:23	3.2	3:49	2.6	10:14	0.1	10:04	0.2	6:15	6:03	
13	Sat	4:17	3.2	4:49	2.5	11:13	0.3	10:58	0.3	6:13	6:04	
14	Sun	5:18	3.2	5:55	2.5			12:33	0.4	6:11	6:06	
15	Mon	6:26	3.1	7:07	2.5	12:25	0.4	1:49	0.3	6:09	6:07	
16	Tue	7:40	3.1	8:25	2.7	1:56	0.4	2:55	0.1	6:08	6:08	
17	Wed	8:58	3.3	9:37	2.9	3:06	0.2	3:52	-0.1	6:06	6:09	
18	Thu	10:03	3.4	10:34	3.3	4:08	-0.1	4:44	-0.3	6:04	6:10	
19	Fri	10:57	3.6	11:24	3.5	5:04	-0.3	5:34	-0.5	6:03	6:11	
20	Sat	11:46	3.7			5:58	-0.5	6:22	-0.7	6:01	6:12	
21	Sun	12:11	3.7	12:33	3.7	6:49	-0.6	7:07	-0.7	5:59	6:13	
22	Mon	12:56	3.8	1:19	3.6	7:37	-0.6	7:51	-0.6	5:58	6:14	
23	Tue	1:40	3.8	2:07	3.4	8:24	-0.5	8:32	-0.4	5:56	6:15	
24	Wed	2:25	3.6	2:57	3.1	9:09	-0.3	9:12	-0.1	5:54	6:17	
25	Thu	3:12	3.4	3:49	2.9	9:54	-0.1	9:53	0.2	5:52	6:18	
26	Fri	4:01	3.2	4:43	2.7	10:45	0.2	10:37	0.5	5:51	6:19	
27	Sat	4:52	3.0	5:37	2.5	11:43	0.4	11:32	0.7	5:49	6:20	
28	Sun	5:45	2.8	6:31	2.4			12:48	0.6	5:47	6:21	
29	Mon	6:40	2.7	7:28	2.4	12:42	0.9	1:51	0.6	5:46	6:22	
30	Tue	7:41	2.7	8:28	2.5	1:50	0.9	2:47	0.6	5:44	6:23	
31	Wed	8:44	2.7	9:25	2.6	2:49	0.8	3:34	0.5	5:42	6:24	