US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1784

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:20	3.5	6:44	-0.3	6:51	-0.1	4:54	7:16	
2	Mon	12:39	4.2	1:13	3.7	7:33	-0.5	7:45	-0.2	4:55	7:15	
3	Tue	1:31	4.2	2:07	3.8	8:19	-0.5	8:37	-0.2	4:56	7:14	
4	Wed	2:25	4.0	3:03	3.8	9:05	-0.5	9:29	0.0	4:57	7:13	
5	Thu	3:20	3.8	3:59	3.8	9:51	-0.3	10:24	0.2	4:58	7:12	
6	Fri	4:17	3.6	4:53	3.7	10:40	-0.1	11:24	0.4	4:59	7:10	
7	Sat	5:13	3.3	5:46	3.6	11:34	0.2			5:00	7:09	
8	Sun	6:07	3.1	6:38	3.5	12:29	0.5	12:32	0.4	5:01	7:08	
9	Mon	7:03	2.9	7:32	3.4	1:35	0.6	1:32	0.6	5:02	7:07	
10	Tue	8:04	2.8	8:32	3.3	2:36	0.6	2:30	0.7	5:03	7:05	
11	Wed	9:07	2.7	9:31	3.4	3:32	0.6	3:24	0.7	5:04	7:04	
12	Thu	10:05	2.8	10:23	3.4	4:22	0.5	4:14	0.7	5:05	7:03	
13	Fri	10:53	2.9	11:07	3.5	5:08	0.4	5:00	0.6	5:06	7:01	
14	Sat	11:36	3.1	11:46	3.6	5:51	0.3	5:45	0.6	5:07	7:00	
15	Sun			12:16	3.2	6:31	0.3	6:29	0.5	5:08	6:58	
16	Mon	12:22	3.6	12:54	3.2	7:09	0.2	7:10	0.5	5:09	6:57	
17	Tue	12:56	3.5	1:30	3.3	7:44	0.2	7:49	0.5	5:10	6:55	
18	Wed	1:27	3.4	2:05	3.3	8:17	0.2	8:25	0.5	5:11	6:54	
19	Thu	1:57	3.3	2:38	3.3	8:46	0.3	8:59	0.6	5:12	6:52	
20	Fri	2:27	3.2	3:10	3.3	9:12	0.4	9:34	0.7	5:13	6:51	
21	Sat	3:01	3.0	3:45	3.3	9:37	0.5	10:13	0.8	5:14	6:49	
22	Sun	3:45	2.9	4:27	3.3	10:07	0.6	11:05	0.8	5:15	6:48	
23	Mon	4:37	2.8	5:16	3.4	10:49	0.7			5:16	6:46	
24	Tue	5:36	2.7	6:13	3.4	12:21	0.9	11:52 AM	0.8	5:17	6:45	
25	Wed	6:41	2.7	7:18	3.5	1:40	0.8	1:22	0.8	5:18	6:43	
26	Thu	7:56	2.8	8:33	3.6	2:46	0.6	2:40	0.6	5:19	6:42	
27	Fri	9:14	3.0	9:42	3.9	3:44	0.4	3:45	0.4	5:20	6:40	
28	Sat	10:18	3.3	10:40	4.1	4:38	0.1	4:44	0.2	5:21	6:38	
29	Sun	11:11	3.6	11:32	4.2	5:29	-0.1	5:41	-0.1	5:23	6:37	
30	Mon			12:02	3.8	6:18	-0.3	6:36	-0.2	5:24	6:35	
31	Tue	12:21	4.2	12:51	4.0	7:06	-0.5	7:29	-0.3	5:25	6:33	