US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1785

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**9:34**	2.9	**9:59**	3.6	**3:55**	0.3	**3:51**	0.4	4:53	7:17	
2	Tue	**10:31**	3.0	**10:50**	3.7	**4:47**	0.2	**4:44**	0.4	4:54	7:16	
3	Wed	**11:21**	3.1	**11:35**	3.7	**5:37**	0.2	**5:33**	0.4	4:55	7:14	
4	Thu			**12:06**	3.2	**6:23**	0.1	**6:21**	0.4	4:56	7:13	
5	Fri	**12:16**	3.7	**12:48**	3.3	**7:05**	0.1	**7:06**	0.4	4:57	7:12	
6	Sat	**12:55**	3.6	**1:29**	3.3	**7:44**	0.1	**7:47**	0.4	4:58	7:11	
7	Sun	**1:34**	3.5	**2:10**	3.3	**8:20**	0.1	**8:26**	0.5	4:59	7:10	
8	Mon	**2:12**	3.4	**2:52**	3.3	**8:54**	0.2	**9:04**	0.6	5:01	7:08	
9	Tue	**2:49**	3.2	**3:32**	3.2	**9:24**	0.3	**9:40**	0.7	5:02	7:07	
10	Wed	**3:28**	3.0	**4:12**	3.2	**9:52**	0.5	**10:19**	0.8	5:03	7:06	
11	Thu	**4:08**	2.9	**4:51**	3.2	**10:19**	0.6	**11:06**	0.9	5:04	7:04	
12	Fri	**4:50**	2.7	**5:29**	3.2	**10:51**	0.8			5:05	7:03	
13	Sat	**5:35**	2.6	**6:10**	3.2	**12:10**	1.0	**11:38 AM**	0.9	5:06	7:01	
14	Sun	**6:26**	2.5	**7:00**	3.2	**1:21**	1.0	**12:52**	0.9	5:07	7:00	
15	Mon	**7:29**	2.5	**8:02**	3.3	**2:25**	0.9	**2:08**	0.9	5:08	6:59	
16	Tue	**8:43**	2.6	**9:09**	3.5	**3:21**	0.7	**3:12**	0.7	5:09	6:57	
17	Wed	**9:48**	2.8	**10:07**	3.8	**4:13**	0.4	**4:09**	0.5	5:10	6:56	
18	Thu	**10:41**	3.1	**10:58**	4.0	**5:02**	0.2	**5:03**	0.3	5:11	6:54	
19	Fri	**11:28**	3.4	**11:45**	4.1	**5:50**	-0.1	**5:57**	0.1	5:12	6:53	
20	Sat			**12:14**	3.7	**6:38**	-0.3	**6:51**	-0.1	5:13	6:51	
21	Sun	**12:33**	4.2	**1:02**	3.9	**7:23**	-0.4	**7:42**	-0.2	5:14	6:50	
22	Mon	**1:22**	4.1	**1:52**	4.0	**8:08**	-0.5	**8:33**	-0.2	5:15	6:48	
23	Tue	**2:13**	3.9	**2:46**	4.0	**8:52**	-0.4	**9:24**	-0.1	5:16	6:47	
24	Wed	**3:09**	3.7	**3:42**	3.9	**9:38**	-0.2	**10:19**	0.1	5:17	6:45	
25	Thu	**4:08**	3.5	**4:40**	3.8	**10:27**	0.0	**11:21**	0.3	5:18	6:44	
26	Fri	**5:08**	3.3	**5:38**	3.7	**11:25**	0.3			5:19	6:42	
27	Sat	**6:07**	3.1	**6:35**	3.6	**12:30**	0.5	**12:31**	0.5	5:20	6:40	
28	Sun	**7:09**	2.9	**7:37**	3.5	**1:38**	0.6	**1:38**	0.6	5:21	6:39	
29	Mon	**8:14**	2.9	**8:42**	3.4	**2:41**	0.5	**2:41**	0.7	5:22	6:37	
30	Tue	**9:19**	3.0	**9:42**	3.5	**3:37**	0.5	**3:37**	0.6	5:23	6:35	
31	Wed	**10:14**	3.1	**10:33**	3.5	**4:27**	0.4	**4:27**	0.6	5:24	6:34	