US HARBORS www.USHarbors.com

Poughkeepsie, NY - Sep 1786

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:16	2.6	6:39	3.1	12:44	1.1	12:23	1.1	5:25	6:33	
2	Sat	7:11	2.5	7:34	3.2	1:48	1.0	1:39	1.1	5:26	6:31	
3	Sun	8:15	2.6	8:35	3.3	2:45	0.9	2:41	1.0	5:27	6:29	
4	Mon	9:16	2.8	9:32	3.4	3:35	0.7	3:35	0.8	5:28	6:28	
5	Tue	10:07	3.0	10:20	3.6	4:21	0.4	4:25	0.6	5:29	6:26	
6	Wed	10:49	3.3	11:03	3.8	5:05	0.2	5:14	0.3	5:30	6:24	
7	Thu	11:29	3.6	11:45	3.9	5:48	0.0	6:03	0.1	5:31	6:22	
8	Fri			12:09	3.8	6:31	-0.1	6:52	0.0	5:32	6:21	
9	Sat	12:27	4.0	12:51	4.0	7:14	-0.3	7:41	-0.1	5:33	6:19	
10	Sun	1:12	3.9	1:36	4.1	7:56	-0.3	8:29	-0.1	5:34	6:17	
11	Mon	2:02	3.7	2:27	4.1	8:39	-0.2	9:19	0.0	5:35	6:16	
12	Tue	2:57	3.5	3:23	4.0	9:24	-0.1	10:14	0.2	5:36	6:14	
13	Wed	3:59	3.3	4:25	3.8	10:15	0.1	11:17	0.4	5:37	6:12	
14	Thu	5:03	3.2	5:29	3.7	11:17	0.4			5:39	6:10	
15	Fri	6:07	3.1	6:32	3.6	12:28	0.5	12:29	0.6	5:40	6:09	
16	Sat	7:11	3.1	7:37	3.5	1:37	0.5	1:41	0.6	5:41	6:07	
17	Sun	8:18	3.1	8:44	3.5	2:40	0.4	2:46	0.6	5:42	6:05	
18	Mon	9:21	3.2	9:44	3.6	3:35	0.3	3:43	0.5	5:43	6:03	
19	Tue	10:16	3.4	10:34	3.6	4:24	0.2	4:34	0.4	5:44	6:02	
20	Wed	11:02	3.6	11:17	3.6	5:10	0.1	5:22	0.3	5:45	6:00	
21	Thu	11:43	3.7	11:57	3.6	5:52	0.1	6:08	0.2	5:46	5:58	
22	Fri			12:21	3.7	6:32	0.1	6:52	0.2	5:47	5:57	
23	Sat	12:34	3.5	12:58	3.7	7:10	0.1	7:33	0.2	5:48	5:55	
24	Sun	1:12	3.4	1:34	3.7	7:46	0.2	8:12	0.3	5:49	5:53	
25	Mon	1:49	3.2	2:10	3.6	8:19	0.4	8:49	0.4	5:50	5:51	
26	Tue	2:28	3.1	2:48	3.5	8:49	0.5	9:26	0.6	5:51	5:50	
27	Wed	3:11	2.9	3:28	3.3	9:17	0.7	10:05	0.8	5:52	5:48	
28	Thu	3:59	2.7	4:12	3.2	9:45	0.9	10:53	0.9	5:53	5:46	
29	Fri	4:51	2.6	5:01	3.1	10:21	1.0	11:57	1.0	5:54	5:44	
30	Sat	5:44	2.6	5:53	3.1	11:19	1.1			5:55	5:43	