US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1787

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:36	3.6	1:11	2.9	7:29	0.1	7:27	0.5	4:28	7:37	
2	Mon	1:11	3.5	1:50	2.9	8:07	0.1	8:05	0.5	4:28	7:37	
3	Tue	1:45	3.5	2:29	2.9	8:43	0.1	8:42	0.6	4:29	7:37	
4	Wed	2:20	3.4	3:07	3.0	9:17	0.1	9:18	0.6	4:29	7:37	
5	Thu	2:58	3.3	3:47	3.0	9:50	0.2	9:58	0.7	4:30	7:37	
6	Fri	3:43	3.2	4:29	3.2	10:25	0.2	10:48	0.7	4:31	7:36	
7	Sat	4:33	3.1	5:15	3.3	11:07	0.3	11:56	0.7	4:31	7:36	
8	Sun	5:27	3.0	6:04	3.4			12:01	0.3	4:32	7:36	
9	Mon	6:23	3.0	6:59	3.6	1:12	0.7	1:06	0.3	4:33	7:35	
10	Tue	7:27	2.9	8:02	3.7	2:20	0.5	2:12	0.3	4:33	7:35	
11	Wed	8:40	3.0	9:10	3.9	3:22	0.3	3:15	0.1	4:34	7:34	
12	Thu	9:51	3.1	10:14	4.0	4:20	0.1	4:15	0.0	4:35	7:34	
13	Fri	10:52	3.3	11:11	4.2	5:16	-0.1	5:14	-0.1	4:36	7:33	
14	Sat	11:48	3.4			6:10	-0.3	6:11	-0.2	4:36	7:33	
15	Sun	12:04	4.2	12:42	3.6	7:03	-0.4	7:07	-0.2	4:37	7:32	
16	Mon	12:57	4.2	1:37	3.6	7:52	-0.5	8:00	-0.2	4:38	7:32	
17	Tue	1:49	4.0	2:31	3.6	8:39	-0.5	8:50	0.0	4:39	7:31	
18	Wed	2:43	3.8	3:26	3.6	9:25	-0.4	9:40	0.1	4:40	7:30	
19	Thu	3:37	3.6	4:19	3.6	10:11	-0.1	10:32	0.4	4:41	7:29	
20	Fri	4:30	3.4	5:10	3.5	10:59	0.1	11:29	0.6	4:42	7:29	
21	Sat	5:21	3.1	5:57	3.4	11:49	0.3			4:42	7:28	
22	Sun	6:10	2.9	6:44	3.4	12:30	0.7	12:43	0.5	4:43	7:27	
23	Mon	7:01	2.7	7:34	3.3	1:31	0.8	1:37	0.7	4:44	7:26	
24	Tue	7:56	2.6	8:28	3.3	2:28	0.8	2:29	0.7	4:45	7:25	
25	Wed	8:57	2.6	9:23	3.3	3:20	0.7	3:18	0.7	4:46	7:24	
26	Thu	9:53	2.7	10:13	3.4	4:08	0.6	4:05	0.7	4:47	7:23	
27	Fri	10:42	2.8	10:57	3.5	4:54	0.5	4:51	0.6	4:48	7:23	
28	Sat	11:26	2.9	11:36	3.6	5:37	0.3	5:36	0.5	4:49	7:22	
29	Sun			12:05	3.0	6:20	0.2	6:20	0.5	4:50	7:20	
30	Mon	12:12	3.6	12:42	3.1	7:00	0.1	7:03	0.4	4:51	7:19	
31	Tue	12:46	3.6	1:17	3.2	7:38	0.1	7:44	0.4	4:52	7:18	