US HARBORS www.USHarbors.com

Poughkeepsie, NY - May 1788

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**8:45**	2.8	**9:19**	3.1	**3:10**	0.7	**3:23**	0.4	4:54	6:58	
2	Fri	**9:39**	2.9	**10:03**	3.3	**3:59**	0.5	**4:06**	0.3	4:53	6:59	
3	Sat	**10:26**	3.0	**10:42**	3.6	**4:46**	0.3	**4:48**	0.1	4:52	7:00	
4	Sun	**11:09**	3.1	**11:19**	3.8	**5:33**	0.0	**5:32**	0.0	4:50	7:01	
5	Mon	**11:52**	3.2	**11:59**	3.9	**6:20**	-0.1	**6:17**	-0.1	4:49	7:02	
6	Tue			**12:36**	3.2	**7:08**	-0.3	**7:04**	-0.1	4:48	7:03	
7	Wed	**12:41**	4.0	**1:24**	3.2	**7:55**	-0.4	**7:51**	-0.1	4:47	7:04	
8	Thu	**1:29**	4.0	**2:18**	3.2	**8:43**	-0.4	**8:40**	-0.1	4:46	7:05	
9	Fri	**2:23**	3.9	**3:18**	3.2	**9:32**	-0.3	**9:31**	0.0	4:44	7:06	
10	Sat	**3:24**	3.7	**4:22**	3.2	**10:25**	-0.2	**10:29**	0.2	4:43	7:07	
11	Sun	**4:30**	3.6	**5:22**	3.3	**11:24**	-0.1	**11:37**	0.3	4:42	7:08	
12	Mon	**5:32**	3.5	**6:20**	3.3			**12:27**	0.0	4:41	7:09	
13	Tue	**6:32**	3.3	**7:18**	3.4	**12:48**	0.4	**1:28**	0.0	4:40	7:10	
14	Wed	**7:32**	3.2	**8:17**	3.5	**1:55**	0.3	**2:25**	0.0	4:39	7:11	
15	Thu	**8:35**	3.1	**9:15**	3.6	**2:56**	0.2	**3:18**	0.0	4:38	7:12	
16	Fri	**9:36**	3.1	**10:07**	3.7	**3:52**	0.1	**4:07**	0.0	4:37	7:13	
17	Sat	**10:30**	3.1	**10:53**	3.8	**4:43**	0.0	**4:54**	0.0	4:36	7:14	
18	Sun	**11:17**	3.2	**11:36**	3.8	**5:33**	-0.1	**5:40**	0.0	4:35	7:15	
19	Mon			**12:02**	3.1	**6:20**	-0.1	**6:25**	0.1	4:34	7:16	
20	Tue	**12:17**	3.8	**12:46**	3.1	**7:05**	-0.1	**7:08**	0.2	4:34	7:17	
21	Wed	**12:57**	3.7	**1:30**	3.0	**7:48**	-0.1	**7:49**	0.3	4:33	7:18	
22	Thu	**1:37**	3.6	**2:16**	2.9	**8:29**	0.0	**8:29**	0.4	4:32	7:19	
23	Fri	**2:20**	3.4	**3:04**	2.8	**9:08**	0.1	**9:06**	0.6	4:31	7:20	
24	Sat	**3:04**	3.3	**3:53**	2.8	**9:46**	0.3	**9:44**	0.7	4:31	7:21	
25	Sun	**3:50**	3.1	**4:42**	2.8	**10:26**	0.4	**10:26**	0.9	4:30	7:22	
26	Mon	**4:37**	3.0	**5:26**	2.8	**11:10**	0.5	**11:20**	1.0	4:29	7:23	
27	Tue	**5:21**	2.9	**6:08**	2.8	**11:59**	0.6			4:29	7:23	
28	Wed	**6:04**	2.8	**6:48**	2.9	**12:27**	1.0	**12:51**	0.6	4:28	7:24	
29	Thu	**6:50**	2.8	**7:32**	3.0	**1:32**	0.9	**1:42**	0.5	4:28	7:25	
30	Fri	**7:44**	2.8	**8:21**	3.2	**2:31**	0.8	**2:32**	0.4	4:27	7:26	
31	Sat	**8:46**	2.8	**9:13**	3.5	**3:24**	0.6	**3:20**	0.3	4:27	7:27	