US HARBORS www.USHarbors.com

Poughkeepsie, NY - Feb 1789

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:01	2.7	4:19	2.6	10:27	0.4	10:32	0.1	7:11	5:16	
2	Mon	4:40	2.8	5:05	2.5	11:19	0.5	11:16	0.2	7:10	5:17	
3	Tue	5:26	2.8	5:58	2.4			12:40	0.5	7:09	5:18	
4	Wed	6:20	2.9	7:00	2.4	12:23	0.3	1:55	0.4	7:08	5:20	
5	Thu	7:24	3.0	8:14	2.4	1:43	0.2	2:59	0.2	7:07	5:21	
6	Fri	8:39	3.1	9:27	2.6	2:53	0.1	3:56	-0.1	7:05	5:22	
7	Sat	9:48	3.4	10:27	2.9	3:55	-0.2	4:50	-0.3	7:04	5:23	
8	Sun	10:46	3.6	11:20	3.2	4:52	-0.4	5:41	-0.6	7:03	5:25	
9	Mon	11:38	3.8			5:48	-0.7	6:31	-0.8	7:02	5:26	
10	Tue	12:10	3.5	12:28	3.9	6:42	-0.8	7:20	-1.0	7:01	5:27	
11	Wed	1:00	3.6	1:19	3.8	7:35	-0.9	8:07	-1.0	6:59	5:28	
12	Thu	1:52	3.7	2:11	3.7	8:25	-0.9	8:53	-0.9	6:58	5:30	
13	Fri	2:45	3.6	3:05	3.5	9:15	-0.7	9:40	-0.7	6:57	5:31	
14	Sat	3:40	3.5	4:02	3.2	10:07	-0.5	10:29	-0.5	6:55	5:32	
15	Sun	4:36	3.4	4:58	3.0	11:04	-0.2	11:24	-0.2	6:54	5:33	
16	Mon	5:30	3.2	5:55	2.7			12:07	0.0	6:53	5:35	
17	Tue	6:25	3.1	6:52	2.6	12:26	0.1	1:13	0.2	6:51	5:36	
18	Wed	7:22	2.9	7:53	2.4	1:30	0.3	2:16	0.2	6:50	5:37	
19	Thu	8:24	2.9	8:57	2.4	2:30	0.3	3:13	0.2	6:48	5:38	
20	Fri	9:24	2.9	9:55	2.5	3:25	0.3	4:04	0.1	6:47	5:40	
21	Sat	10:17	3.0	10:43	2.7	4:15	0.2	4:50	0.0	6:45	5:41	
22	Sun	11:02	3.1	11:25	2.8	5:01	0.1	5:32	-0.1	6:44	5:42	
23	Mon	11:42	3.2			5:45	0.0	6:13	-0.2	6:42	5:43	
24	Tue	12:03	3.0	12:19	3.2	6:28	-0.1	6:51	-0.2	6:41	5:44	
25	Wed	12:39	3.0	12:54	3.2	7:08	-0.1	7:27	-0.2	6:39	5:46	
26	Thu	1:13	3.1	1:28	3.1	7:46	-0.1	8:01	-0.2	6:38	5:47	
27	Fri	1:43	3.1	2:00	3.0	8:22	-0.1	8:32	-0.2	6:36	5:48	
28	Sat	2:11	3.0	2:32	2.9	8:56	0.0	9:00	-0.1	6:35	5:49	