US HARBORS www.USHarbors.com

Poughkeepsie, NY - Apr 1789

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:30	3.3	4:28	2.7	10:40	0.2	10:28	0.3	5:41	6:25	
2	Thu	4:29	3.2	5:28	2.7	11:46	0.3	11:38	0.4	5:39	6:26	
3	Fri	5:33	3.2	6:30	2.8			1:00	0.3	5:37	6:27	
4	Sat	6:40	3.2	7:36	2.9	1:05	0.4	2:06	0.2	5:36	6:28	
5	Sun	7:53	3.2	8:44	3.2	2:19	0.2	3:05	0.0	5:34	6:29	
6	Mon	9:06	3.3	9:47	3.5	3:23	0.0	3:59	-0.2	5:32	6:30	
7	Tue	10:09	3.5	10:41	3.8	4:21	-0.2	4:50	-0.4	5:31	6:32	
8	Wed	11:03	3.6	11:30	4.0	5:16	-0.5	5:40	-0.6	5:29	6:33	
9	Thu	11:53	3.7			6:10	-0.6	6:30	-0.6	5:27	6:34	
10	Fri	12:18	4.1	12:42	3.6	7:01	-0.7	7:18	-0.6	5:26	6:35	
11	Sat	1:05	4.1	1:32	3.5	7:50	-0.6	8:04	-0.4	5:24	6:36	
12	Sun	1:53	3.9	2:24	3.3	8:38	-0.5	8:49	-0.2	5:23	6:37	
13	Mon	2:44	3.7	3:19	3.1	9:25	-0.3	9:35	0.1	5:21	6:38	
14	Tue	3:36	3.5	4:15	3.0	10:13	-0.1	10:23	0.4	5:19	6:39	
15	Wed	4:30	3.3	5:10	2.8	11:06	0.2	11:18	0.6	5:18	6:40	
16	Thu	5:24	3.1	6:03	2.7			12:05	0.4	5:16	6:41	
17	Fri	6:16	3.0	6:54	2.7	12:22	0.8	1:04	0.5	5:15	6:42	
18	Sat	7:09	2.8	7:48	2.7	1:26	0.8	2:00	0.5	5:13	6:43	
19	Sun	8:06	2.8	8:44	2.8	2:25	0.8	2:49	0.5	5:12	6:45	
20	Mon	9:03	2.8	9:35	3.0	3:17	0.6	3:34	0.4	5:10	6:46	
21	Tue	9:54	2.9	10:19	3.2	4:04	0.5	4:16	0.3	5:09	6:47	
22	Wed	10:39	3.0	10:58	3.3	4:49	0.3	4:56	0.2	5:07	6:48	
23	Thu	11:19	3.0	11:32	3.5	5:32	0.2	5:36	0.1	5:06	6:49	
24	Fri	11:56	3.1			6:15	0.1	6:16	0.1	5:04	6:50	
25	Sat	12:03	3.6	12:32	3.1	6:58	0.0	6:55	0.1	5:03	6:51	
26	Sun	12:32	3.6	1:08	3.1	7:39	-0.1	7:33	0.1	5:01	6:52	
27	Mon	1:04	3.6	1:47	3.0	8:19	-0.1	8:11	0.1	5:00	6:53	
28	Tue	1:41	3.6	2:32	3.0	9:00	-0.1	8:50	0.2	4:59	6:54	
29	Wed	2:25	3.6	3:25	2.9	9:43	0.0	9:34	0.2	4:57	6:55	
30	Thu	3:19	3.5	4:25	2.9	10:32	0.1	10:27	0.4	4:56	6:56	