US HARBORS www.USHarbors.com

Poughkeepsie, NY - Feb 1790

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:15	3.4	1:29	3.7	7:50	-0.7	8:25	-0.9	7:11	5:15	
2	Tue	2:05	3.4	2:20	3.6	8:38	-0.7	9:09	-0.8	7:10	5:17	
3	Wed	2:58	3.5	3:15	3.4	9:28	-0.6	9:56	-0.7	7:09	5:18	
4	Thu	3:55	3.4	4:13	3.2	10:23	-0.4	10:48	-0.5	7:08	5:19	
5	Fri	4:53	3.4	5:13	3.0	11:25	-0.2	11:48	-0.3	7:07	5:21	
6	Sat	5:50	3.3	6:12	2.8			12:33	0.0	7:06	5:22	
7	Sun	6:49	3.2	7:14	2.7	12:54	-0.1	1:41	0.0	7:05	5:23	
8	Mon	7:51	3.1	8:22	2.6	1:59	0.0	2:45	0.0	7:03	5:24	
9	Tue	8:56	3.1	9:28	2.6	3:00	0.0	3:42	-0.1	7:02	5:26	
10	Wed	9:57	3.2	10:25	2.8	3:55	-0.1	4:34	-0.2	7:01	5:27	
11	Thu	10:48	3.3	11:14	2.9	4:47	-0.1	5:23	-0.3	7:00	5:28	
12	Fri	11:32	3.3	11:56	3.0	5:35	-0.2	6:08	-0.3	6:58	5:29	
13	Sat			12:14	3.3	6:21	-0.2	6:50	-0.4	6:57	5:31	
14	Sun	12:37	3.0	12:53	3.3	7:04	-0.2	7:29	-0.4	6:56	5:32	
15	Mon	1:15	3.1	1:31	3.2	7:45	-0.2	8:05	-0.3	6:54	5:33	
16	Tue	1:53	3.0	2:10	3.1	8:23	-0.2	8:39	-0.3	6:53	5:34	
17	Wed	2:30	3.0	2:48	2.9	8:59	0.0	9:10	-0.1	6:51	5:36	
18	Thu	3:07	2.9	3:27	2.8	9:34	0.1	9:39	0.0	6:50	5:37	
19	Fri	3:42	2.8	4:07	2.6	10:09	0.3	10:07	0.2	6:49	5:38	
20	Sat	4:17	2.8	4:49	2.5	10:49	0.4	10:40	0.3	6:47	5:39	
21	Sun	4:56	2.7	5:34	2.4	11:49	0.6	11:28	0.4	6:46	5:41	
22	Mon	5:40	2.7	6:24	2.3			1:04	0.6	6:44	5:42	
23	Tue	6:32	2.7	7:25	2.3	12:44	0.5	2:11	0.5	6:43	5:43	
24	Wed	7:37	2.8	8:35	2.5	2:02	0.4	3:09	0.3	6:41	5:44	
25	Thu	8:51	3.0	9:39	2.7	3:07	0.2	4:02	0.0	6:40	5:45	
26	Fri	9:55	3.2	10:32	3.0	4:04	0.0	4:52	-0.2	6:38	5:47	
27	Sat	10:48	3.5	11:20	3.3	4:58	-0.3	5:40	-0.5	6:37	5:48	
28	Sun	11:36	3.7			5:51	-0.6	6:28	-0.7	6:35	5:49	