US HARBORS www.USHarbors.com

Poughkeepsie, NY - Apr 1790

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:22	4.1	1:49	3.6	8:09	-0.8	8:25	-0.7	5:41	6:25	
2	Fri	2:14	4.0	2:45	3.5	8:59	-0.7	9:13	-0.5	5:40	6:26	
3	Sat	3:10	3.8	3:44	3.3	9:50	-0.5	10:04	-0.2	5:38	6:27	
4	Sun	4:08	3.6	4:45	3.1	10:45	-0.2	11:02	0.1	5:36	6:28	
5	Mon	5:07	3.4	5:44	3.0	11:47	0.0			5:34	6:29	
6	Tue	6:04	3.2	6:41	2.9	12:07	0.4	12:52	0.2	5:33	6:30	
7	Wed	7:02	3.1	7:40	2.8	1:14	0.5	1:53	0.3	5:31	6:31	
8	Thu	8:01	3.0	8:39	2.9	2:17	0.5	2:48	0.3	5:30	6:32	
9	Fri	9:01	3.0	9:34	3.0	3:13	0.4	3:37	0.2	5:28	6:33	
10	Sat	9:55	3.0	10:21	3.1	4:03	0.3	4:22	0.2	5:26	6:35	
11	Sun	10:41	3.1	11:02	3.3	4:49	0.2	5:03	0.1	5:25	6:36	
12	Mon	11:22	3.1	11:40	3.4	5:32	0.1	5:43	0.1	5:23	6:37	
13	Tue			12:01	3.1	6:15	0.0	6:21	0.0	5:21	6:38	
14	Wed	12:14	3.5	12:38	3.1	6:56	0.0	6:59	0.1	5:20	6:39	
15	Thu	12:46	3.5	1:14	3.1	7:35	0.0	7:35	0.1	5:18	6:40	
16	Fri	1:16	3.4	1:51	3.0	8:13	0.0	8:08	0.2	5:17	6:41	
17	Sat	1:43	3.4	2:27	2.9	8:49	0.1	8:39	0.3	5:15	6:42	
18	Sun	2:11	3.3	3:07	2.8	9:24	0.2	9:10	0.4	5:14	6:43	
19	Mon	2:46	3.2	3:52	2.7	10:01	0.3	9:45	0.5	5:12	6:44	
20	Tue	3:32	3.2	4:43	2.7	10:46	0.4	10:31	0.6	5:10	6:45	
21	Wed	4:28	3.2	5:36	2.8	11:47	0.4	11:40	0.6	5:09	6:46	
22	Thu	5:29	3.1	6:32	2.9			12:56	0.4	5:07	6:48	
23	Fri	6:33	3.1	7:32	3.1	1:06	0.6	2:00	0.3	5:06	6:49	
24	Sat	7:42	3.2	8:36	3.3	2:19	0.4	2:56	0.1	5:05	6:50	
25	Sun	8:54	3.3	9:37	3.6	3:21	0.1	3:50	-0.1	5:03	6:51	
26	Mon	9:58	3.4	10:32	3.9	4:19	-0.2	4:41	-0.3	5:02	6:52	
27	Tue	10:54	3.6	11:22	4.2	5:14	-0.4	5:32	-0.5	5:00	6:53	
28	Wed	11:47	3.6			6:08	-0.6	6:24	-0.5	4:59	6:54	
29	Thu	12:11	4.3	12:39	3.6	7:01	-0.7	7:15	-0.5	4:57	6:55	
30	Fri	1:01	4.2	1:32	3.6	7:52	-0.7	8:04	-0.4	4:56	6:56	