US HARBORS www.USHarbors.com

Poughkeepsie, NY - Oct 1790

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:50	2.7	5:42	3.2	12:08	0.9	11:37 AM	1.0	5:56	5:41	
2	Sat	6:42	2.8	6:41	3.2	1:15	0.9	1:04	0.9	5:57	5:39	
3	Sun	7:41	2.9	7:45	3.3	2:14	0.7	2:15	0.8	5:59	5:38	
4	Mon	8:42	3.2	8:53	3.5	3:07	0.5	3:15	0.5	6:00	5:36	
5	Tue	9:38	3.5	9:52	3.7	3:55	0.2	4:10	0.2	6:01	5:34	
6	Wed	10:29	3.8	10:45	3.9	4:43	0.0	5:03	0.0	6:02	5:33	
7	Thu	11:16	4.1	11:33	4.0	5:30	-0.2	5:56	-0.3	6:03	5:31	
8	Fri			12:02	4.3	6:19	-0.4	6:49	-0.4	6:04	5:29	
9	Sat	12:22	4.0	12:51	4.4	7:08	-0.4	7:41	-0.5	6:05	5:28	
10	Sun	1:14	3.9	1:42	4.3	7:56	-0.4	8:32	-0.4	6:06	5:26	
11	Mon	2:09	3.7	2:38	4.2	8:45	-0.3	9:24	-0.2	6:07	5:24	
12	Tue	3:10	3.6	3:39	4.0	9:36	-0.1	10:19	0.0	6:09	5:23	
13	Wed	4:15	3.4	4:41	3.8	10:32	0.2	11:20	0.2	6:10	5:21	
14	Thu	5:18	3.3	5:41	3.6	11:37	0.5			6:11	5:20	
15	Fri	6:17	3.2	6:39	3.5	12:26	0.3	12:46	0.6	6:12	5:18	
16	Sat	7:16	3.1	7:38	3.4	1:29	0.4	1:51	0.6	6:13	5:16	
17	Sun	8:15	3.2	8:36	3.3	2:26	0.4	2:50	0.6	6:14	5:15	
18	Mon	9:12	3.2	9:31	3.3	3:17	0.3	3:42	0.5	6:15	5:13	
19	Tue	10:02	3.4	10:19	3.4	4:03	0.3	4:29	0.4	6:17	5:12	
20	Wed	10:44	3.5	11:02	3.4	4:44	0.2	5:13	0.3	6:18	5:10	
21	Thu	11:22	3.6	11:41	3.4	5:24	0.2	5:56	0.2	6:19	5:09	
22	Fri	11:58	3.7			6:03	0.2	6:38	0.2	6:20	5:07	
23	Sat	12:19	3.3	12:31	3.7	6:41	0.2	7:19	0.2	6:21	5:06	
24	Sun	12:56	3.3	1:03	3.6	7:18	0.3	7:58	0.2	6:22	5:05	
25	Mon	1:33	3.1	1:32	3.5	7:52	0.3	8:35	0.3	6:24	5:03	
26	Tue	2:10	3.0	2:01	3.4	8:25	0.4	9:11	0.4	6:25	5:02	
27	Wed	2:51	2.9	2:33	3.3	8:56	0.5	9:48	0.5	6:26	5:00	
28	Thu	3:36	2.8	3:14	3.3	9:28	0.7	10:30	0.6	6:27	4:59	
29	Fri	4:27	2.7	4:07	3.2	10:09	0.8	11:26	0.7	6:28	4:58	
30	Sat	5:20	2.8	5:07	3.2	11:07	0.8			6:30	4:56	
31	Sun	6:12	2.9	6:08	3.2	12:33	0.6	12:32	0.8	6:31	4:55	