US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 1791

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:23	3.0	6:43	0.1	6:36	0.3	4:26	7:27	
2	Thu	12:27	3.6	1:04	3.0	7:24	0.1	7:16	0.3	4:26	7:28	
3	Fri	1:00	3.5	1:45	3.0	8:04	0.1	7:54	0.4	4:26	7:28	
4	Sat	1:30	3.5	2:26	2.9	8:41	0.1	8:30	0.5	4:25	7:29	
5	Sun	2:01	3.4	3:09	2.9	9:17	0.2	9:05	0.5	4:25	7:30	
6	Mon	2:37	3.3	3:54	2.9	9:53	0.2	9:43	0.6	4:25	7:30	
7	Tue	3:22	3.3	4:39	2.9	10:33	0.3	10:29	0.7	4:24	7:31	
8	Wed	4:14	3.2	5:24	3.0	11:20	0.3	11:32	0.7	4:24	7:32	
9	Thu	5:10	3.2	6:11	3.2			12:17	0.3	4:24	7:32	
10	Fri	6:07	3.1	7:03	3.4	12:48	0.6	1:18	0.3	4:24	7:33	
11	Sat	7:08	3.1	8:01	3.6	1:58	0.5	2:17	0.2	4:24	7:33	
12	Sun	8:17	3.1	9:03	3.8	3:01	0.3	3:13	0.0	4:23	7:34	
13	Mon	9:27	3.2	10:02	4.0	3:59	0.0	4:08	-0.1	4:23	7:34	
14	Tue	10:29	3.4	10:57	4.2	4:55	-0.2	5:03	-0.2	4:23	7:35	
15	Wed	11:26	3.5	11:49	4.3	5:50	-0.4	5:59	-0.3	4:23	7:35	
16	Thu			12:21	3.5	6:44	-0.5	6:54	-0.3	4:23	7:35	
17	Fri	12:42	4.3	1:17	3.6	7:37	-0.6	7:47	-0.3	4:23	7:36	
18	Sat	1:36	4.2	2:15	3.5	8:27	-0.6	8:39	-0.2	4:24	7:36	
19	Sun	2:31	4.0	3:14	3.5	9:16	-0.5	9:30	0.0	4:24	7:36	
20	Mon	3:28	3.8	4:12	3.4	10:05	-0.3	10:24	0.3	4:24	7:37	
21	Tue	4:25	3.6	5:06	3.4	10:56	-0.1	11:23	0.5	4:24	7:37	
22	Wed	5:18	3.4	5:57	3.3	11:50	0.1			4:24	7:37	
23	Thu	6:09	3.2	6:46	3.3	12:25	0.6	12:45	0.3	4:25	7:37	
24	Fri	6:59	3.0	7:35	3.3	1:26	0.7	1:37	0.4	4:25	7:37	
25	Sat	7:52	2.9	8:26	3.3	2:22	0.7	2:26	0.5	4:25	7:37	
26	Sun	8:48	2.8	9:17	3.3	3:14	0.6	3:13	0.5	4:26	7:38	
27	Mon	9:42	2.8	10:05	3.4	4:02	0.5	3:57	0.5	4:26	7:38	
28	Tue	10:32	2.9	10:47	3.5	4:48	0.4	4:41	0.4	4:26	7:38	
29	Wed	11:16	2.9	11:26	3.6	5:32	0.3	5:24	0.4	4:27	7:38	
30	Thu	11:58	3.0			6:16	0.2	6:07	0.4	4:27	7:37	