US HARBORS www.USHarbors.com

Poughkeepsie, NY - Oct 1791

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**2:16**	3.6	**2:48**	4.1	**8:58**	-0.1	**9:37**	-0.1	5:56	5:41	
2	Sun	**3:16**	3.5	**3:49**	3.9	**9:48**	0.0	**10:34**	0.1	5:57	5:40	
3	Mon	**4:22**	3.3	**4:53**	3.8	**10:46**	0.3	**11:39**	0.3	5:58	5:38	
4	Tue	**5:28**	3.3	**5:55**	3.7	**11:55**	0.4			5:59	5:36	
5	Wed	**6:31**	3.2	**6:57**	3.6	**12:47**	0.3	**1:07**	0.5	6:00	5:35	
6	Thu	**7:34**	3.2	**8:01**	3.6	**1:52**	0.3	**2:13**	0.5	6:02	5:33	
7	Fri	**8:39**	3.3	**9:03**	3.6	**2:51**	0.2	**3:13**	0.4	6:03	5:31	
8	Sat	**9:38**	3.5	**9:59**	3.6	**3:43**	0.1	**4:07**	0.2	6:04	5:30	
9	Sun	**10:29**	3.6	**10:48**	3.7	**4:32**	0.0	**4:57**	0.2	6:05	5:28	
10	Mon	**11:13**	3.8	**11:31**	3.7	**5:17**	0.0	**5:45**	0.1	6:06	5:26	
11	Tue	**11:54**	3.8			**6:00**	0.0	**6:30**	0.1	6:07	5:25	
12	Wed	**12:13**	3.6	**12:32**	3.8	**6:42**	0.0	**7:14**	0.1	6:08	5:23	
13	Thu	**12:53**	3.5	**1:09**	3.8	**7:21**	0.1	**7:55**	0.1	6:09	5:22	
14	Fri	**1:34**	3.4	**1:46**	3.6	**7:58**	0.2	**8:35**	0.2	6:11	5:20	
15	Sat	**2:16**	3.2	**2:24**	3.5	**8:33**	0.4	**9:14**	0.4	6:12	5:18	
16	Sun	**3:02**	3.0	**3:04**	3.4	**9:06**	0.5	**9:53**	0.6	6:13	5:17	
17	Mon	**3:52**	2.9	**3:47**	3.2	**9:39**	0.7	**10:37**	0.7	6:14	5:15	
18	Tue	**4:43**	2.8	**4:34**	3.1	**10:15**	0.9	**11:31**	0.8	6:15	5:14	
19	Wed	**5:33**	2.7	**5:22**	3.0	**11:05**	1.0			6:16	5:12	
20	Thu	**6:22**	2.7	**6:11**	3.0	**12:33**	0.9	**12:22**	1.0	6:17	5:11	
21	Fri	**7:11**	2.8	**7:04**	3.1	**1:33**	0.8	**1:35**	1.0	6:19	5:09	
22	Sat	**8:05**	2.9	**8:04**	3.1	**2:26**	0.7	**2:35**	0.8	6:20	5:08	
23	Sun	**8:58**	3.2	**9:05**	3.3	**3:13**	0.5	**3:29**	0.5	6:21	5:06	
24	Mon	**9:47**	3.4	**9:59**	3.4	**3:59**	0.2	**4:19**	0.3	6:22	5:05	
25	Tue	**10:32**	3.8	**10:46**	3.6	**4:43**	0.0	**5:09**	0.0	6:23	5:03	
26	Wed	**11:15**	4.0	**11:32**	3.7	**5:29**	-0.1	**6:00**	-0.2	6:25	5:02	
27	Thu	**11:58**	4.2			**6:15**	-0.3	**6:51**	-0.4	6:26	5:01	
28	Fri	**12:19**	3.7	**12:45**	4.3	**7:03**	-0.3	**7:42**	-0.4	6:27	4:59	
29	Sat	**1:09**	3.7	**1:35**	4.3	**7:52**	-0.3	**8:32**	-0.4	6:28	4:58	
30	Sun	**2:05**	3.6	**2:31**	4.1	**8:41**	-0.2	**9:23**	-0.3	6:29	4:57	
31	Mon	**3:07**	3.4	**3:33**	4.0	**9:33**	-0.1	**10:18**	-0.1	6:31	4:55	