US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 1792

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:40	2.7	7:15	2.4	12:41	0.5	1:41	0.5	6:33	5:51	
2	Fri	7:35	2.6	8:15	2.4	1:42	0.6	2:38	0.5	6:31	5:52	
3	Sat	8:36	2.7	9:15	2.5	2:39	0.5	3:29	0.4	6:29	5:53	
4	Sun	9:34	2.8	10:07	2.6	3:31	0.4	4:16	0.2	6:28	5:54	
5	Mon	10:23	2.9	10:52	2.8	4:19	0.3	5:00	0.1	6:26	5:55	
6	Tue	11:04	3.1	11:30	3.0	5:05	0.1	5:42	-0.1	6:24	5:57	
7	Wed	11:40	3.2			5:49	-0.1	6:23	-0.2	6:23	5:58	
8	Thu	12:06	3.1	12:15	3.3	6:33	-0.2	7:03	-0.3	6:21	5:59	
9	Fri	12:40	3.3	12:49	3.3	7:16	-0.3	7:41	-0.4	6:20	6:00	
10	Sat	1:15	3.4	1:26	3.3	7:58	-0.4	8:18	-0.4	6:18	6:01	
11	Sun	1:52	3.4	2:08	3.3	8:39	-0.4	8:55	-0.3	6:16	6:02	
12	Mon	2:36	3.5	2:56	3.1	9:23	-0.3	9:35	-0.2	6:14	6:03	
13	Tue	3:26	3.4	3:52	3.0	10:11	-0.2	10:22	-0.1	6:13	6:04	
14	Wed	4:23	3.4	4:53	2.9	11:11	0.0	11:23	0.1	6:11	6:06	
15	Thu	5:24	3.3	5:57	2.8			12:22	0.1	6:09	6:07	
16	Fri	6:27	3.3	7:03	2.8	12:38	0.2	1:33	0.1	6:08	6:08	
17	Sat	7:35	3.2	8:14	2.9	1:52	0.1	2:38	0.0	6:06	6:09	
18	Sun	8:46	3.3	9:23	3.1	2:58	0.0	3:36	-0.2	6:04	6:10	
19	Mon	9:51	3.4	10:22	3.3	3:57	-0.1	4:30	-0.3	6:03	6:11	
20	Tue	10:46	3.5	11:13	3.5	4:52	-0.3	5:20	-0.5	6:01	6:12	
21	Wed	11:35	3.6	11:59	3.6	5:44	-0.4	6:08	-0.5	5:59	6:13	
22	Thu			12:20	3.6	6:34	-0.5	6:54	-0.5	5:57	6:14	
23	Fri	12:42	3.6	1:05	3.5	7:20	-0.5	7:37	-0.5	5:56	6:16	
24	Sat	1:25	3.6	1:49	3.4	8:05	-0.4	8:17	-0.3	5:54	6:17	
25	Sun	2:07	3.5	2:35	3.2	8:47	-0.3	8:55	-0.1	5:52	6:18	
26	Mon	2:49	3.3	3:22	3.0	9:28	-0.1	9:32	0.1	5:51	6:19	
27	Tue	3:34	3.2	4:11	2.8	10:11	0.1	10:09	0.3	5:49	6:20	
28	Wed	4:20	3.0	5:01	2.7	10:58	0.4	10:51	0.6	5:47	6:21	
29	Thu	5:07	2.9	5:51	2.6	11:54	0.5	11:46	0.7	5:45	6:22	
30	Fri	5:54	2.8	6:41	2.5			12:56	0.6	5:44	6:23	
31	Sat	6:45	2.7	7:35	2.5	12:55	0.8	1:55	0.6	5:42	6:24	