US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 1793

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**5:57**	3.5	**6:39**	3.4	**12:10**	0.4	**12:46**	0.0	4:26	7:27	
2	Sun	**6:55**	3.4	**7:37**	3.5	**1:19**	0.4	**1:46**	0.0	4:26	7:28	
3	Mon	**7:57**	3.3	**8:37**	3.6	**2:23**	0.3	**2:42**	-0.1	4:25	7:29	
4	Tue	**8:59**	3.2	**9:34**	3.7	**3:22**	0.2	**3:34**	-0.1	4:25	7:29	
5	Wed	**9:58**	3.3	**10:26**	3.8	**4:16**	0.0	**4:24**	-0.1	4:25	7:30	
6	Thu	**10:50**	3.3	**11:12**	3.9	**5:07**	-0.1	**5:12**	0.0	4:24	7:31	
7	Fri	**11:38**	3.3	**11:54**	3.9	**5:57**	-0.1	**5:58**	0.0	4:24	7:31	
8	Sat			**12:24**	3.3	**6:45**	-0.1	**6:44**	0.1	4:24	7:32	
9	Sun	**12:35**	3.8	**1:10**	3.2	**7:30**	-0.1	**7:28**	0.2	4:24	7:32	
10	Mon	**1:16**	3.7	**1:56**	3.1	**8:12**	-0.1	**8:09**	0.3	4:24	7:33	
11	Tue	**1:58**	3.6	**2:45**	3.0	**8:53**	0.0	**8:48**	0.4	4:24	7:34	
12	Wed	**2:41**	3.4	**3:34**	3.0	**9:33**	0.2	**9:27**	0.6	4:23	7:34	
13	Thu	**3:27**	3.2	**4:24**	2.9	**10:13**	0.3	**10:08**	0.7	4:23	7:34	
14	Fri	**4:13**	3.1	**5:10**	2.9	**10:55**	0.4	**10:55**	0.9	4:23	7:35	
15	Sat	**4:58**	3.0	**5:54**	2.9	**11:42**	0.5	**11:54**	1.0	4:23	7:35	
16	Sun	**5:40**	2.9	**6:36**	3.0			**12:33**	0.6	4:23	7:36	
17	Mon	**6:23**	2.8	**7:19**	3.0	**12:58**	1.0	**1:24**	0.6	4:24	7:36	
18	Tue	**7:11**	2.8	**8:05**	3.2	**1:59**	0.9	**2:14**	0.5	4:24	7:36	
19	Wed	**8:08**	2.8	**8:55**	3.3	**2:54**	0.7	**3:02**	0.4	4:24	7:37	
20	Thu	**9:10**	2.9	**9:44**	3.6	**3:45**	0.5	**3:49**	0.3	4:24	7:37	
21	Fri	**10:06**	3.0	**10:31**	3.8	**4:35**	0.2	**4:37**	0.2	4:24	7:37	
22	Sat	**10:56**	3.1	**11:16**	4.0	**5:26**	0.0	**5:26**	0.1	4:24	7:37	
23	Sun	**11:45**	3.3			**6:16**	-0.2	**6:18**	0.0	4:25	7:37	
24	Mon	**12:02**	4.1	**12:34**	3.3	**7:07**	-0.4	**7:10**	-0.1	4:25	7:37	
25	Tue	**12:51**	4.2	**1:28**	3.4	**7:56**	-0.5	**8:02**	-0.2	4:25	7:38	
26	Wed	**1:45**	4.1	**2:26**	3.4	**8:44**	-0.5	**8:54**	-0.1	4:26	7:38	
27	Thu	**2:42**	4.0	**3:27**	3.5	**9:33**	-0.5	**9:48**	0.0	4:26	7:38	
28	Fri	**3:43**	3.9	**4:29**	3.5	**10:25**	-0.4	**10:47**	0.1	4:27	7:38	
29	Sat	**4:44**	3.7	**5:26**	3.6	**11:21**	-0.2	**11:53**	0.3	4:27	7:37	
30	Sun	**5:41**	3.5	**6:21**	3.6			**12:20**	-0.1	4:28	7:37	