US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1793

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**8:13**	3.0	**8:45**	3.5	**2:41**	0.4	**2:45**	0.4	4:53	7:17	
2	Fri	**9:14**	3.0	**9:40**	3.5	**3:35**	0.4	**3:36**	0.4	4:54	7:16	
3	Sat	**10:09**	3.0	**10:29**	3.6	**4:25**	0.3	**4:24**	0.4	4:56	7:14	
4	Sun	**10:57**	3.1	**11:13**	3.6	**5:12**	0.2	**5:10**	0.4	4:57	7:13	
5	Mon	**11:41**	3.2	**11:53**	3.7	**5:57**	0.2	**5:55**	0.4	4:58	7:12	
6	Tue			**12:22**	3.2	**6:39**	0.1	**6:39**	0.4	4:59	7:11	
7	Wed	**12:30**	3.6	**1:03**	3.3	**7:19**	0.1	**7:20**	0.4	5:00	7:09	
8	Thu	**1:07**	3.6	**1:43**	3.3	**7:57**	0.1	**7:59**	0.4	5:01	7:08	
9	Fri	**1:42**	3.5	**2:23**	3.2	**8:32**	0.2	**8:36**	0.5	5:02	7:07	
10	Sat	**2:15**	3.3	**3:02**	3.2	**9:05**	0.2	**9:11**	0.6	5:03	7:06	
11	Sun	**2:48**	3.2	**3:40**	3.2	**9:35**	0.4	**9:47**	0.7	5:04	7:04	
12	Mon	**3:23**	3.1	**4:18**	3.2	**10:04**	0.5	**10:27**	0.8	5:05	7:03	
13	Tue	**4:06**	3.0	**4:56**	3.2	**10:36**	0.6	**11:20**	0.8	5:06	7:01	
14	Wed	**4:54**	2.9	**5:40**	3.3	**11:21**	0.6			5:07	7:00	
15	Thu	**5:48**	2.9	**6:29**	3.4	**12:33**	0.8	**12:28**	0.7	5:08	6:59	
16	Fri	**6:47**	2.9	**7:28**	3.5	**1:44**	0.7	**1:42**	0.6	5:09	6:57	
17	Sat	**7:56**	2.9	**8:35**	3.7	**2:47**	0.5	**2:49**	0.5	5:10	6:56	
18	Sun	**9:10**	3.1	**9:41**	3.9	**3:44**	0.3	**3:49**	0.3	5:11	6:54	
19	Mon	**10:13**	3.3	**10:38**	4.1	**4:38**	0.0	**4:46**	0.0	5:12	6:53	
20	Tue	**11:09**	3.6	**11:31**	4.3	**5:31**	-0.2	**5:42**	-0.1	5:13	6:51	
21	Wed			**12:01**	3.8	**6:22**	-0.4	**6:38**	-0.3	5:14	6:50	
22	Thu	**12:22**	4.3	**12:53**	4.0	**7:13**	-0.6	**7:32**	-0.4	5:15	6:48	
23	Fri	**1:14**	4.3	**1:46**	4.0	**8:01**	-0.6	**8:23**	-0.3	5:16	6:47	
24	Sat	**2:08**	4.1	**2:42**	4.0	**8:48**	-0.5	**9:15**	-0.2	5:17	6:45	
25	Sun	**3:05**	3.9	**3:39**	3.9	**9:36**	-0.3	**10:08**	0.0	5:18	6:43	
26	Mon	**4:03**	3.7	**4:36**	3.8	**10:26**	-0.1	**11:07**	0.3	5:19	6:42	
27	Tue	**5:00**	3.5	**5:31**	3.7	**11:21**	0.2			5:20	6:40	
28	Wed	**5:56**	3.3	**6:24**	3.5	**12:10**	0.5	**12:20**	0.4	5:21	6:39	
29	Thu	**6:51**	3.1	**7:18**	3.4	**1:15**	0.6	**1:21**	0.6	5:22	6:37	
30	Fri	**7:49**	3.0	**8:16**	3.4	**2:16**	0.6	**2:19**	0.7	5:23	6:35	
31	Sat	**8:49**	3.0	**9:13**	3.4	**3:10**	0.5	**3:12**	0.7	5:24	6:34	