US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1794

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:47	3.7			5:59	-0.3	6:46	-0.5	7:27	4:40	
2	Thu	12:13	3.0	12:31	3.8	6:48	-0.4	7:33	-0.6	7:27	4:41	
3	Fri	1:00	3.1	1:19	3.8	7:37	-0.5	8:20	-0.7	7:27	4:42	
4	Sat	1:51	3.1	2:11	3.8	8:25	-0.5	9:06	-0.7	7:27	4:43	
5	Sun	2:47	3.1	3:08	3.6	9:15	-0.4	9:54	-0.6	7:27	4:44	
6	Mon	3:47	3.1	4:07	3.5	10:10	-0.3	10:47	-0.5	7:27	4:45	
7	Tue	4:47	3.2	5:07	3.3	11:12	-0.1	11:45	-0.4	7:27	4:46	
8	Wed	5:45	3.2	6:04	3.1			12:21	0.0	7:26	4:47	
9	Thu	6:42	3.2	7:03	2.9	12:47	-0.3	1:30	0.1	7:26	4:48	
10	Fri	7:41	3.2	8:06	2.8	1:48	-0.2	2:34	0.0	7:26	4:49	
11	Sat	8:43	3.2	9:10	2.8	2:45	-0.2	3:32	-0.1	7:26	4:50	
12	Sun	9:43	3.3	10:09	2.8	3:39	-0.2	4:26	-0.2	7:25	4:51	
13	Mon	10:35	3.3	11:00	2.9	4:30	-0.2	5:16	-0.3	7:25	4:52	
14	Tue	11:20	3.4	11:46	2.9	5:18	-0.2	6:05	-0.3	7:25	4:53	
15	Wed			12:03	3.4	6:05	-0.2	6:50	-0.4	7:24	4:55	
16	Thu	12:30	2.9	12:43	3.4	6:50	-0.2	7:33	-0.4	7:24	4:56	
17	Fri	1:13	2.9	1:22	3.3	7:32	-0.2	8:12	-0.3	7:23	4:57	
18	Sat	1:56	2.9	2:02	3.2	8:11	-0.1	8:49	-0.3	7:23	4:58	
19	Sun	2:39	2.8	2:41	3.0	8:49	0.0	9:25	-0.1	7:22	4:59	
20	Mon	3:24	2.7	3:21	2.9	9:25	0.1	9:59	0.0	7:21	5:01	
21	Tue	4:08	2.7	4:01	2.7	10:01	0.3	10:34	0.1	7:21	5:02	
22	Wed	4:50	2.6	4:41	2.6	10:42	0.4	11:12	0.3	7:20	5:03	
23	Thu	5:30	2.6	5:22	2.5	11:37	0.6			7:19	5:04	
24	Fri	6:10	2.6	6:07	2.4	12:00	0.3	12:48	0.6	7:18	5:05	
25	Sat	6:54	2.7	7:01	2.3	1:01	0.4	1:56	0.5	7:18	5:07	
26	Sun	7:47	2.8	8:07	2.4	2:02	0.3	2:56	0.3	7:17	5:08	
27	Mon	8:49	3.0	9:18	2.5	2:59	0.2	3:50	0.1	7:16	5:09	
28	Tue	9:48	3.2	10:17	2.7	3:53	0.0	4:42	-0.2	7:15	5:10	
29	Wed	10:40	3.5	11:08	2.9	4:46	-0.2	5:33	-0.4	7:14	5:12	
30	Thu	11:29	3.7	11:56	3.1	5:38	-0.4	6:23	-0.6	7:13	5:13	
31	Fri			12:17	3.8	6:31	-0.6	7:12	-0.8	7:12	5:14	