US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1794

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:56	3.1	4:43	3.1	10:25	0.4	10:41	0.8	4:53	7:17	
2	Sat	4:39	3.0	5:25	3.1	11:03	0.6	11:34	0.9	4:54	7:16	
3	Sun	5:22	2.9	6:05	3.1	11:47	0.7			4:55	7:15	
4	Mon	6:04	2.8	6:46	3.1	12:37	1.0	12:41	0.8	4:56	7:13	
5	Tue	6:52	2.7	7:32	3.2	1:40	0.9	1:39	0.8	4:57	7:12	
6	Wed	7:49	2.7	8:26	3.3	2:37	0.8	2:35	0.7	4:58	7:11	
7	Thu	8:55	2.8	9:23	3.5	3:30	0.6	3:28	0.6	4:59	7:10	
8	Fri	9:55	2.9	10:15	3.7	4:21	0.4	4:20	0.4	5:00	7:08	
9	Sat	10:46	3.1	11:03	4.0	5:10	0.1	5:11	0.2	5:01	7:07	
10	Sun	11:32	3.3	11:49	4.1	5:59	-0.1	6:04	0.1	5:02	7:06	
11	Mon			12:19	3.5	6:47	-0.3	6:56	-0.1	5:03	7:04	
12	Tue	12:37	4.2	1:08	3.7	7:34	-0.4	7:47	-0.2	5:04	7:03	
13	Wed	1:27	4.2	2:01	3.8	8:20	-0.5	8:38	-0.2	5:06	7:02	
14	Thu	2:21	4.0	2:57	3.8	9:06	-0.4	9:30	-0.1	5:07	7:00	
15	Fri	3:18	3.9	3:55	3.8	9:54	-0.3	10:26	0.1	5:08	6:59	
16	Sat	4:18	3.7	4:54	3.8	10:46	-0.1	11:29	0.3	5:09	6:57	
17	Sun	5:17	3.5	5:50	3.8	11:44	0.1			5:10	6:56	
18	Mon	6:15	3.3	6:46	3.7	12:36	0.4	12:47	0.2	5:11	6:55	
19	Tue	7:14	3.2	7:46	3.6	1:42	0.4	1:49	0.3	5:12	6:53	
20	Wed	8:17	3.1	8:48	3.6	2:44	0.4	2:48	0.4	5:13	6:52	
21	Thu	9:21	3.1	9:47	3.6	3:40	0.3	3:43	0.4	5:14	6:50	
22	Fri	10:17	3.2	10:37	3.7	4:31	0.2	4:34	0.4	5:15	6:48	
23	Sat	11:06	3.3	11:22	3.7	5:19	0.1	5:22	0.3	5:16	6:47	
24	Sun	11:50	3.4			6:04	0.1	6:08	0.3	5:17	6:45	
25	Mon	12:02	3.7	12:31	3.4	6:47	0.1	6:52	0.3	5:18	6:44	
26	Tue	12:41	3.7	1:11	3.4	7:27	0.1	7:33	0.3	5:19	6:42	
27	Wed	1:19	3.6	1:51	3.4	8:04	0.1	8:13	0.4	5:20	6:41	
28	Thu	1:56	3.5	2:31	3.4	8:38	0.2	8:50	0.5	5:21	6:39	
29	Fri	2:34	3.3	3:12	3.3	9:11	0.3	9:26	0.6	5:22	6:37	
30	Sat	3:12	3.1	3:52	3.2	9:40	0.5	10:03	0.7	5:23	6:36	
31	Sun	3:51	3.0	4:31	3.2	10:09	0.6	10:46	0.9	5:24	6:34	