US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1795

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:20	3.8	12:51	3.2	7:20	0.0	7:22	0.2	4:53	7:17	
2	Sun	12:59	3.9	1:32	3.3	8:01	-0.1	8:06	0.2	4:54	7:16	
3	Mon	1:42	3.8	2:18	3.4	8:41	-0.2	8:51	0.2	4:55	7:15	
4	Tue	2:29	3.8	3:08	3.4	9:22	-0.1	9:38	0.2	4:56	7:14	
5	Wed	3:23	3.6	4:02	3.5	10:05	-0.1	10:33	0.3	4:57	7:13	
6	Thu	4:20	3.5	4:58	3.6	10:54	0.0	11:38	0.4	4:58	7:11	
7	Fri	5:18	3.4	5:53	3.7	11:52	0.1			4:59	7:10	
8	Sat	6:17	3.2	6:50	3.7	12:48	0.5	12:56	0.2	5:00	7:09	
9	Sun	7:19	3.2	7:52	3.7	1:56	0.4	2:00	0.2	5:01	7:07	
10	Mon	8:27	3.1	8:58	3.8	2:59	0.3	3:01	0.2	5:02	7:06	
11	Tue	9:34	3.2	10:00	3.9	3:56	0.1	3:58	0.1	5:03	7:05	
12	Wed	10:33	3.3	10:54	3.9	4:50	0.0	4:53	0.1	5:04	7:03	
13	Thu	11:26	3.4	11:42	4.0	5:42	-0.1	5:46	0.1	5:05	7:02	
14	Fri			12:14	3.5	6:31	-0.2	6:36	0.1	5:06	7:01	
15	Sat	12:28	3.9	1:01	3.5	7:18	-0.2	7:24	0.1	5:07	6:59	
16	Sun	1:13	3.8	1:48	3.5	8:01	-0.2	8:09	0.2	5:08	6:58	
17	Mon	1:57	3.7	2:34	3.5	8:42	0.0	8:52	0.3	5:09	6:56	
18	Tue	2:43	3.5	3:21	3.4	9:20	0.1	9:33	0.5	5:10	6:55	
19	Wed	3:29	3.3	4:08	3.3	9:58	0.3	10:17	0.7	5:11	6:53	
20	Thu	4:16	3.1	4:53	3.3	10:36	0.5	11:06	0.8	5:13	6:52	
21	Fri	5:03	2.9	5:37	3.2	11:18	0.7			5:14	6:50	
22	Sat	5:50	2.8	6:21	3.2	12:04	0.9	12:09	0.9	5:15	6:49	
23	Sun	6:37	2.7	7:08	3.2	1:06	1.0	1:07	0.9	5:16	6:47	
24	Mon	7:31	2.6	8:00	3.2	2:06	0.9	2:05	0.9	5:17	6:46	
25	Tue	8:33	2.7	8:57	3.3	3:00	0.8	2:59	0.9	5:18	6:44	
26	Wed	9:32	2.8	9:49	3.5	3:49	0.6	3:49	0.7	5:19	6:43	
27	Thu	10:21	3.0	10:34	3.7	4:36	0.4	4:37	0.6	5:20	6:41	
28	Fri	11:04	3.2	11:16	3.8	5:21	0.2	5:25	0.4	5:21	6:39	
29	Sat	11:43	3.4	11:56	4.0	6:06	0.0	6:13	0.2	5:22	6:38	
30	Sun			12:23	3.5	6:49	-0.1	7:01	0.1	5:23	6:36	
31	Mon	12:38	4.0	1:05	3.7	7:32	-0.2	7:48	0.0	5:24	6:34	