US HARBORS www.USHarbors.com

Poughkeepsie, NY - Dec 1797

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:15	3.3	10:37	3.0	4:17	0.1	4:59	0.2	7:08	4:30	
2	Sat	10:52	3.6	11:18	3.0	4:58	0.0	5:46	0.0	7:09	4:30	
3	Sun	11:29	3.7			5:41	-0.1	6:34	-0.2	7:10	4:29	
4	Mon	12:00	3.1	12:08	3.9	6:26	-0.2	7:21	-0.3	7:11	4:29	
5	Tue	12:44	3.1	12:52	3.9	7:13	-0.2	8:08	-0.4	7:12	4:29	
6	Wed	1:34	3.0	1:41	3.8	8:01	-0.2	8:56	-0.4	7:13	4:29	
7	Thu	2:30	3.0	2:38	3.7	8:50	-0.2	9:46	-0.3	7:14	4:29	
8	Fri	3:33	3.0	3:42	3.6	9:43	0.0	10:41	-0.2	7:15	4:29	
9	Sat	4:38	3.0	4:47	3.4	10:44	0.1	11:43	-0.1	7:16	4:29	
10	Sun	5:39	3.0	5:49	3.3	11:56	0.2			7:16	4:29	
11	Mon	6:37	3.1	6:49	3.1	12:46	-0.1	1:08	0.3	7:17	4:29	
12	Tue	7:36	3.2	7:51	3.0	1:46	-0.1	2:14	0.2	7:18	4:29	
13	Wed	8:35	3.3	8:54	3.0	2:41	-0.2	3:14	0.1	7:19	4:30	
14	Thu	9:32	3.4	9:52	3.0	3:33	-0.2	4:08	-0.1	7:20	4:30	
15	Fri	10:23	3.6	10:44	3.0	4:21	-0.2	4:59	-0.2	7:20	4:30	
16	Sat	11:08	3.6	11:31	3.0	5:08	-0.2	5:48	-0.2	7:21	4:30	
17	Sun	11:50	3.7			5:53	-0.2	6:35	-0.3	7:22	4:31	
18	Mon	12:15	2.9	12:30	3.6	6:38	-0.1	7:20	-0.3	7:22	4:31	
19	Tue	12:58	2.9	1:11	3.5	7:20	0.0	8:02	-0.2	7:23	4:32	
20	Wed	1:42	2.8	1:52	3.4	8:01	0.1	8:41	-0.1	7:23	4:32	
21	Thu	2:27	2.7	2:35	3.2	8:39	0.2	9:20	0.0	7:24	4:33	
22	Fri	3:15	2.6	3:20	3.1	9:16	0.4	9:58	0.1	7:24	4:33	
23	Sat	4:04	2.5	4:06	2.9	9:53	0.5	10:39	0.2	7:25	4:34	
24	Sun	4:52	2.5	4:51	2.8	10:35	0.7	11:23	0.3	7:25	4:34	
25	Mon	5:36	2.5	5:34	2.7	11:33	0.8			7:25	4:35	
26	Tue	6:17	2.5	6:18	2.6	12:14	0.4	12:44	0.8	7:26	4:36	
27	Wed	6:59	2.6	7:07	2.5	1:07	0.4	1:50	0.7	7:26	4:36	
28	Thu	7:45	2.7	8:04	2.5	1:58	0.3	2:48	0.5	7:26	4:37	
29	Fri	8:38	2.9	9:07	2.5	2:48	0.2	3:41	0.3	7:27	4:38	
30	Sat	9:31	3.2	10:04	2.7	3:36	0.1	4:32	0.1	7:27	4:39	
31	Sun	10:20	3.4	10:54	2.8	4:24	-0.1	5:22	-0.2	7:27	4:39	