US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 1798

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:59	3.7	2:41	3.0	8:51	-0.1	8:52	0.4	4:26	7:27	
2	Sat	2:48	3.5	3:36	2.9	9:35	0.1	9:35	0.6	4:26	7:28	
3	Sun	3:40	3.3	4:29	2.8	10:20	0.3	10:21	0.8	4:25	7:29	
4	Mon	4:32	3.2	5:20	2.8	11:08	0.4	11:15	1.0	4:25	7:29	
5	Tue	5:22	3.0	6:07	2.8			12:00	0.5	4:25	7:30	
6	Wed	6:09	2.9	6:52	2.8	12:19	1.0	12:52	0.6	4:24	7:31	
7	Thu	6:56	2.8	7:39	2.9	1:22	1.0	1:42	0.6	4:24	7:31	
8	Fri	7:46	2.7	8:27	3.0	2:19	0.9	2:28	0.5	4:24	7:32	
9	Sat	8:41	2.7	9:14	3.2	3:10	0.8	3:11	0.5	4:24	7:32	
10	Sun	9:34	2.8	9:56	3.4	3:58	0.6	3:53	0.4	4:24	7:33	
11	Mon	10:22	2.8	10:35	3.6	4:44	0.4	4:34	0.3	4:24	7:33	
12	Tue	11:06	2.9	11:11	3.7	5:31	0.3	5:18	0.3	4:23	7:34	
13	Wed	11:48	3.0	11:49	3.9	6:18	0.1	6:03	0.2	4:23	7:34	
14	Thu			12:31	3.0	7:05	0.0	6:51	0.2	4:23	7:35	
15	Fri	12:30	3.9	1:18	3.0	7:51	-0.1	7:39	0.1	4:23	7:35	
16	Sat	1:16	3.9	2:11	3.0	8:37	-0.2	8:27	0.1	4:23	7:36	
17	Sun	2:09	3.9	3:09	3.1	9:23	-0.2	9:18	0.2	4:24	7:36	
18	Mon	3:08	3.8	4:10	3.2	10:13	-0.1	10:13	0.3	4:24	7:36	
19	Tue	4:12	3.6	5:08	3.3	11:07	0.0	11:18	0.4	4:24	7:37	
20	Wed	5:12	3.5	6:03	3.4			12:06	0.0	4:24	7:37	
21	Thu	6:10	3.4	6:58	3.5	12:29	0.4	1:05	0.0	4:24	7:37	
22	Fri	7:08	3.2	7:55	3.6	1:38	0.4	2:02	0.0	4:24	7:37	
23	Sat	8:10	3.1	8:53	3.7	2:40	0.3	2:56	0.0	4:25	7:37	
24	Sun	9:14	3.1	9:48	3.8	3:38	0.2	3:47	0.0	4:25	7:37	
25	Mon	10:13	3.1	10:39	3.9	4:32	0.1	4:37	0.1	4:25	7:38	
26	Tue	11:05	3.1	11:25	3.9	5:23	0.0	5:26	0.1	4:26	7:38	
27	Wed	11:54	3.1			6:13	0.0	6:15	0.2	4:26	7:38	
28	Thu	12:09	3.9	12:41	3.1	7:01	-0.1	7:02	0.3	4:27	7:38	
29	Fri	12:52	3.8	1:28	3.0	7:46	0.0	7:47	0.4	4:27	7:38	
30	Sat	1:36	3.7	2:17	3.0	8:29	0.0	8:29	0.5	4:28	7:37	