US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1799

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:16	3.3	8:36	2.7	2:23	-0.2	3:07	0.0	7:27	4:40	
2	Wed	9:17	3.4	9:42	2.7	3:18	-0.2	4:04	-0.1	7:27	4:41	
3	Thu	10:14	3.5	10:40	2.8	4:12	-0.2	4:58	-0.3	7:27	4:42	
4	Fri	11:05	3.6	11:32	2.8	5:04	-0.2	5:50	-0.3	7:27	4:43	
5	Sat	11:52	3.6			5:54	-0.2	6:40	-0.4	7:27	4:44	
6	Sun	12:20	2.9	12:37	3.6	6:44	-0.2	7:27	-0.4	7:27	4:45	
7	Mon	1:08	2.8	1:22	3.5	7:30	-0.1	8:11	-0.4	7:27	4:46	
8	Tue	1:55	2.8	2:07	3.3	8:14	0.0	8:52	-0.3	7:27	4:47	
9	Wed	2:43	2.7	2:53	3.2	8:55	0.1	9:31	-0.2	7:26	4:48	
10	Thu	3:31	2.7	3:39	3.0	9:35	0.2	10:09	0.0	7:26	4:49	
11	Fri	4:18	2.6	4:26	2.8	10:18	0.4	10:49	0.1	7:26	4:50	
12	Sat	5:04	2.6	5:10	2.6	11:07	0.6	11:31	0.3	7:25	4:51	
13	Sun	5:46	2.6	5:54	2.5			12:08	0.7	7:25	4:52	
14	Mon	6:28	2.6	6:40	2.3	12:19	0.4	1:13	0.7	7:25	4:53	
15	Tue	7:11	2.6	7:32	2.2	1:11	0.4	2:14	0.6	7:24	4:54	
16	Wed	8:01	2.7	8:34	2.2	2:04	0.4	3:09	0.5	7:24	4:55	
17	Thu	8:56	2.8	9:35	2.3	2:56	0.3	4:00	0.3	7:23	4:57	
18	Fri	9:49	3.0	10:27	2.4	3:46	0.2	4:48	0.1	7:23	4:58	
19	Sat	10:36	3.2	11:13	2.6	4:34	0.1	5:36	-0.1	7:22	4:59	
20	Sun	11:19	3.4	11:56	2.7	5:23	-0.1	6:24	-0.3	7:21	5:00	
21	Mon			12:02	3.6	6:13	-0.2	7:09	-0.5	7:21	5:01	
22	Tue	12:39	2.9	12:47	3.7	7:03	-0.4	7:54	-0.6	7:20	5:03	
23	Wed	1:25	3.0	1:34	3.7	7:51	-0.5	8:37	-0.7	7:19	5:04	
24	Thu	2:14	3.1	2:24	3.6	8:39	-0.5	9:20	-0.6	7:19	5:05	
25	Fri	3:08	3.1	3:18	3.4	9:28	-0.4	10:05	-0.6	7:18	5:06	
26	Sat	4:03	3.2	4:15	3.2	10:22	-0.3	10:55	-0.4	7:17	5:08	
27	Sun	4:59	3.2	5:12	3.0	11:25	-0.1	11:52	-0.3	7:16	5:09	
28	Mon	5:54	3.2	6:10	2.8			12:35	0.1	7:15	5:10	
29	Tue	6:51	3.2	7:11	2.6	12:55	-0.1	1:45	0.1	7:14	5:11	
30	Wed	7:52	3.1	8:20	2.5	1:59	0.0	2:50	0.1	7:13	5:13	
31	Thu	8:58	3.1	9:30	2.5	2:59	0.0	3:49	0.0	7:12	5:14	