US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1801

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**5:50**	3.1	**6:22**	3.4	**12:07**	0.6	**12:15**	0.4	4:53	7:18	
2	Sun	**6:42**	2.9	**7:11**	3.4	**1:11**	0.7	**1:10**	0.6	4:54	7:17	
3	Mon	**7:37**	2.7	**8:05**	3.3	**2:12**	0.7	**2:05**	0.7	4:55	7:15	
4	Tue	**8:37**	2.7	**9:02**	3.3	**3:08**	0.7	**2:57**	0.8	4:56	7:14	
5	Wed	**9:37**	2.7	**9:56**	3.4	**3:58**	0.6	**3:46**	0.7	4:57	7:13	
6	Thu	**10:29**	2.8	**10:43**	3.4	**4:45**	0.5	**4:33**	0.7	4:58	7:12	
7	Fri	**11:15**	2.9	**11:24**	3.5	**5:30**	0.4	**5:19**	0.6	4:59	7:11	
8	Sat	**11:56**	3.0			**6:12**	0.3	**6:03**	0.6	5:00	7:09	
9	Sun	**12:01**	3.6	**12:36**	3.1	**6:53**	0.2	**6:46**	0.5	5:01	7:08	
10	Mon	**12:36**	3.6	**1:13**	3.1	**7:30**	0.2	**7:27**	0.5	5:02	7:07	
11	Tue	**1:08**	3.5	**1:49**	3.2	**8:05**	0.2	**8:05**	0.5	5:03	7:05	
12	Wed	**1:38**	3.5	**2:24**	3.2	**8:37**	0.2	**8:41**	0.5	5:04	7:04	
13	Thu	**2:10**	3.4	**2:58**	3.2	**9:07**	0.2	**9:17**	0.6	5:05	7:03	
14	Fri	**2:46**	3.2	**3:35**	3.3	**9:35**	0.3	**9:57**	0.6	5:06	7:01	
15	Sat	**3:29**	3.1	**4:17**	3.4	**10:05**	0.4	**10:46**	0.7	5:07	7:00	
16	Sun	**4:21**	3.0	**5:06**	3.5	**10:45**	0.5	**11:55**	0.8	5:08	6:58	
17	Mon	**5:18**	2.9	**5:59**	3.5	**11:41**	0.6			5:09	6:57	
18	Tue	**6:20**	2.8	**7:00**	3.6	**1:13**	0.7	**1:00**	0.6	5:10	6:56	
19	Wed	**7:31**	2.8	**8:11**	3.7	**2:24**	0.6	**2:18**	0.6	5:11	6:54	
20	Thu	**8:51**	2.9	**9:24**	3.8	**3:27**	0.4	**3:26**	0.4	5:12	6:53	
21	Fri	**10:02**	3.1	**10:27**	4.0	**4:24**	0.2	**4:28**	0.2	5:13	6:51	
22	Sat	**11:00**	3.4	**11:21**	4.2	**5:18**	-0.1	**5:26**	0.0	5:14	6:50	
23	Sun	**11:53**	3.6			**6:10**	-0.3	**6:22**	-0.1	5:15	6:48	
24	Mon	**12:12**	4.2	**12:43**	3.8	**6:59**	-0.4	**7:15**	-0.1	5:16	6:46	
25	Tue	**1:01**	4.1	**1:33**	3.9	**7:45**	-0.4	**8:05**	-0.1	5:17	6:45	
26	Wed	**1:51**	4.0	**2:23**	3.8	**8:30**	-0.4	**8:54**	0.0	5:18	6:43	
27	Thu	**2:42**	3.8	**3:14**	3.8	**9:12**	-0.2	**9:42**	0.2	5:19	6:42	
28	Fri	**3:34**	3.5	**4:05**	3.7	**9:55**	0.1	**10:34**	0.4	5:20	6:40	
29	Sat	**4:28**	3.2	**4:55**	3.5	**10:39**	0.4	**11:32**	0.7	5:21	6:39	
30	Sun	**5:21**	3.0	**5:45**	3.4	**11:29**	0.7			5:22	6:37	
31	Mon	**6:14**	2.8	**6:35**	3.3	**12:36**	0.8	**12:27**	0.9	5:23	6:35	