US HARBORS www.USHarbors.com

Poughkeepsie, NY - Sep 1804

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:17	3.3	10:37	3.8	4:29	0.2	4:34	0.3	5:25	6:33	
2	Sun	11:07	3.5	11:24	3.8	5:18	0.0	5:26	0.2	5:26	6:31	
3	Mon	11:53	3.6			6:05	-0.1	6:16	0.2	5:27	6:30	
4	Tue	12:07	3.8	12:35	3.7	6:48	-0.1	7:02	0.1	5:28	6:28	
5	Wed	12:47	3.7	1:16	3.7	7:29	0.0	7:46	0.2	5:29	6:26	
6	Thu	1:28	3.6	1:56	3.7	8:07	0.1	8:27	0.3	5:30	6:25	
7	Fri	2:09	3.4	2:37	3.6	8:42	0.2	9:06	0.4	5:31	6:23	
8	Sat	2:52	3.2	3:20	3.5	9:14	0.4	9:46	0.6	5:32	6:21	
9	Sun	3:37	3.0	4:04	3.3	9:45	0.6	10:29	0.8	5:33	6:20	
10	Mon	4:27	2.8	4:50	3.2	10:17	0.8	11:22	1.0	5:34	6:18	
11	Tue	5:17	2.7	5:38	3.1	10:56	1.0			5:35	6:16	
12	Wed	6:08	2.6	6:27	3.1	12:28	1.1	12:06	1.1	5:36	6:14	
13	Thu	7:03	2.5	7:21	3.1	1:34	1.0	1:26	1.2	5:37	6:13	
14	Fri	8:04	2.6	8:21	3.2	2:31	0.9	2:29	1.0	5:38	6:11	
15	Sat	9:04	2.8	9:19	3.4	3:21	0.7	3:24	0.9	5:39	6:09	
16	Sun	9:55	3.0	10:08	3.5	4:06	0.5	4:13	0.6	5:40	6:08	
17	Mon	10:37	3.3	10:51	3.7	4:49	0.3	5:01	0.4	5:41	6:06	
18	Tue	11:16	3.6	11:31	3.8	5:31	0.1	5:49	0.2	5:42	6:04	
19	Wed	11:53	3.8			6:13	-0.1	6:37	0.0	5:43	6:02	
20	Thu	12:12	3.9	12:33	4.0	6:55	-0.2	7:26	-0.1	5:44	6:01	
21	Fri	12:55	3.8	1:16	4.1	7:38	-0.2	8:14	-0.1	5:45	5:59	
22	Sat	1:43	3.7	2:04	4.1	8:20	-0.2	9:03	0.0	5:46	5:57	
23	Sun	2:36	3.5	2:59	4.0	9:05	0.0	9:55	0.1	5:48	5:55	
24	Mon	3:37	3.3	4:01	3.9	9:54	0.2	10:56	0.3	5:49	5:54	
25	Tue	4:43	3.2	5:07	3.7	10:53	0.4			5:50	5:52	
26	Wed	5:49	3.1	6:11	3.6	12:06	0.5	12:06	0.6	5:51	5:50	
27	Thu	6:53	3.1	7:16	3.5	1:17	0.5	1:21	0.6	5:52	5:48	
28	Fri	7:59	3.1	8:23	3.5	2:21	0.4	2:28	0.6	5:53	5:47	
29	Sat	9:03	3.2	9:26	3.5	3:17	0.3	3:27	0.5	5:54	5:45	
30	Sun	10:00	3.4	10:18	3.6	4:07	0.2	4:20	0.4	5:55	5:43	