US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1805

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:34	2.7	12:40	3.3	6:52	0.1	7:34	-0.2	7:27	4:40	
2	Wed	1:10	2.7	1:16	3.3	7:28	0.1	8:10	-0.2	7:27	4:40	
3	Thu	1:46	2.7	1:46	3.2	8:04	0.1	8:46	-0.2	7:27	4:41	
4	Fri	2:22	2.7	2:22	3.1	8:40	0.1	9:16	-0.2	7:27	4:42	
5	Sat	2:58	2.7	2:58	3.0	9:16	0.2	9:52	-0.1	7:27	4:43	
6	Sun	3:40	2.8	3:46	2.9	9:58	0.2	10:28	-0.1	7:27	4:44	
7	Mon	4:28	2.9	4:40	2.8	10:52	0.3	11:10	0.0	7:27	4:45	
8	Tue	5:16	3.0	5:34	2.7			12:04	0.4	7:27	4:46	
9	Wed	6:10	3.1	6:34	2.6	12:10	0.0	1:22	0.3	7:26	4:47	
10	Thu	7:10	3.2	7:46	2.6	1:22	0.0	2:34	0.2	7:26	4:48	
11	Fri	8:22	3.3	8:58	2.6	2:28	-0.1	3:34	0.0	7:26	4:49	
12	Sat	9:34	3.5	10:10	2.8	3:34	-0.2	4:34	-0.3	7:26	4:50	
13	Sun	10:34	3.6	11:10	3.0	4:34	-0.4	5:28	-0.5	7:25	4:52	
14	Mon	11:28	3.8	11:58	3.2	5:28	-0.5	6:22	-0.7	7:25	4:53	
15	Tue			12:22	3.8	6:28	-0.6	7:10	-0.8	7:24	4:54	
16	Wed	12:52	3.3	1:10	3.8	7:16	-0.6	7:58	-0.8	7:24	4:55	
17	Thu	1:46	3.3	1:58	3.6	8:10	-0.6	8:46	-0.8	7:23	4:56	
18	Fri	2:34	3.3	2:52	3.4	8:58	-0.4	9:28	-0.6	7:23	4:57	
19	Sat	3:28	3.2	3:40	3.2	9:40	-0.2	10:16	-0.4	7:22	4:58	
20	Sun	4:22	3.1	4:34	2.9	10:34	0.0	10:58	-0.1	7:22	5:00	
21	Mon	5:10	3.0	5:22	2.7	11:28	0.2	11:52	0.1	7:21	5:01	
22	Tue	5:58	2.9	6:10	2.5			12:28	0.4	7:20	5:02	
23	Wed	6:46	2.8	7:04	2.3	12:46	0.3	1:34	0.5	7:20	5:03	
24	Thu	7:34	2.8	7:58	2.2	1:40	0.4	2:28	0.5	7:19	5:05	
25	Fri	8:34	2.8	9:04	2.2	2:34	0.4	3:22	0.4	7:18	5:06	
26	Sat	9:28	2.8	9:58	2.3	3:28	0.4	4:16	0.3	7:17	5:07	
27	Sun	10:22	2.9	10:46	2.4	4:16	0.3	4:58	0.1	7:17	5:08	
28	Mon	11:04	3.1	11:28	2.6	4:58	0.2	5:40	0.0	7:16	5:10	
29	Tue	11:46	3.2			5:46	0.1	6:22	-0.2	7:15	5:11	
30	Wed	12:10	2.7	12:16	3.3	6:28	0.0	7:04	-0.3	7:14	5:12	
31	Thu	12:46	2.8	12:52	3.3	7:10	-0.1	7:40	-0.4	7:13	5:13	