US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 1805

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:12	3.1	12:27	3.3	6:46	-0.2	7:09	-0.4	6:34	5:49	
2	Sat	12:44	3.2	1:02	3.3	7:28	-0.3	7:46	-0.4	6:33	5:51	
3	Sun	1:19	3.3	1:41	3.3	8:10	-0.4	8:22	-0.4	6:31	5:52	
4	Mon	1:57	3.4	2:24	3.1	8:52	-0.3	8:59	-0.4	6:30	5:53	
5	Tue	2:41	3.4	3:14	3.0	9:37	-0.2	9:39	-0.3	6:28	5:54	
6	Wed	3:32	3.4	4:12	2.8	10:29	-0.1	10:26	-0.1	6:26	5:55	
7	Thu	4:31	3.3	5:14	2.7	11:34	0.1	11:30	0.1	6:25	5:56	
8	Fri	5:35	3.2	6:19	2.6			12:49	0.2	6:23	5:57	
9	Sat	6:42	3.1	7:28	2.7	12:50	0.2	2:00	0.2	6:21	5:59	
10	Sun	7:55	3.1	8:41	2.8	2:06	0.2	3:03	0.0	6:20	6:00	
11	Mon	9:09	3.2	9:47	3.0	3:12	0.1	4:00	-0.2	6:18	6:01	
12	Tue	10:11	3.3	10:42	3.2	4:10	-0.1	4:51	-0.3	6:16	6:02	
13	Wed	11:03	3.4	11:30	3.4	5:05	-0.3	5:39	-0.5	6:15	6:03	
14	Thu	11:48	3.5			5:55	-0.4	6:25	-0.5	6:13	6:04	
15	Fri	12:13	3.6	12:31	3.5	6:44	-0.4	7:08	-0.5	6:11	6:05	
16	Sat	12:55	3.6	1:13	3.4	7:29	-0.4	7:48	-0.4	6:10	6:07	
17	Sun	1:36	3.5	1:55	3.2	8:11	-0.4	8:26	-0.2	6:08	6:08	
18	Mon	2:16	3.4	2:39	3.0	8:52	-0.2	9:01	0.0	6:06	6:09	
19	Tue	2:58	3.3	3:24	2.8	9:31	0.0	9:34	0.2	6:05	6:10	
20	Wed	3:41	3.1	4:12	2.6	10:12	0.2	10:08	0.4	6:03	6:11	
21	Thu	4:27	3.0	5:02	2.4	10:59	0.4	10:46	0.7	6:01	6:12	
22	Fri	5:15	2.8	5:52	2.3	11:58	0.6	11:47	0.8	5:59	6:13	
23	Sat	6:05	2.7	6:45	2.3			1:04	0.7	5:58	6:14	
24	Sun	6:59	2.7	7:44	2.3	1:08	0.9	2:05	0.6	5:56	6:15	
25	Mon	8:01	2.7	8:45	2.4	2:15	0.8	2:59	0.5	5:54	6:16	
26	Tue	9:03	2.8	9:39	2.7	3:11	0.6	3:46	0.3	5:53	6:18	
27	Wed	9:55	2.9	10:23	2.9	4:01	0.4	4:29	0.1	5:51	6:19	
28	Thu	10:40	3.1	11:01	3.2	4:48	0.2	5:11	0.0	5:49	6:20	
29	Fri	11:20	3.3	11:36	3.4	5:35	0.0	5:52	-0.2	5:47	6:21	
30	Sat	11:59	3.4			6:21	-0.2	6:33	-0.3	5:46	6:22	
31	Sun	12:12	3.7	12:39	3.4	7:07	-0.4	7:15	-0.4	5:44	6:23	