US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1805

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:04	3.2	5:39	3.5	11:29	0.3			4:53	7:18	
2	Fri	5:55	3.0	6:27	3.4	12:11	0.7	12:23	0.6	4:54	7:17	
3	Sat	6:46	2.8	7:17	3.3	1:14	0.8	1:19	0.7	4:55	7:15	
4	Sun	7:41	2.6	8:11	3.3	2:13	0.8	2:14	0.8	4:56	7:14	
5	Mon	8:42	2.6	9:08	3.3	3:07	0.7	3:06	0.8	4:57	7:13	
6	Tue	9:41	2.7	10:01	3.4	3:56	0.6	3:54	0.7	4:58	7:12	
7	Wed	10:31	2.8	10:46	3.5	4:42	0.5	4:41	0.7	4:59	7:11	
8	Thu	11:15	2.9	11:26	3.6	5:25	0.4	5:26	0.6	5:00	7:09	
9	Fri	11:54	3.1			6:07	0.3	6:10	0.5	5:01	7:08	
10	Sat	12:03	3.6	12:31	3.2	6:47	0.2	6:52	0.4	5:02	7:07	
11	Sun	12:37	3.6	1:05	3.2	7:24	0.1	7:33	0.4	5:03	7:05	
12	Mon	1:09	3.6	1:37	3.3	7:59	0.1	8:11	0.4	5:04	7:04	
13	Tue	1:42	3.5	2:10	3.4	8:32	0.1	8:49	0.4	5:05	7:03	
14	Wed	2:18	3.4	2:46	3.4	9:03	0.1	9:28	0.5	5:06	7:01	
15	Thu	3:00	3.3	3:29	3.5	9:36	0.2	10:13	0.6	5:07	7:00	
16	Fri	3:51	3.1	4:20	3.5	10:14	0.3	11:13	0.7	5:08	6:58	
17	Sat	4:48	3.0	5:16	3.6	11:04	0.4			5:09	6:57	
18	Sun	5:49	2.9	6:16	3.6	12:29	0.7	12:13	0.5	5:10	6:56	
19	Mon	6:55	2.9	7:23	3.6	1:43	0.6	1:33	0.5	5:11	6:54	
20	Tue	8:08	3.0	8:37	3.7	2:48	0.5	2:44	0.4	5:12	6:53	
21	Wed	9:21	3.1	9:46	3.9	3:47	0.2	3:47	0.2	5:13	6:51	
22	Thu	10:24	3.4	10:44	4.0	4:41	0.0	4:45	0.1	5:14	6:50	
23	Fri	11:18	3.6	11:35	4.1	5:33	-0.2	5:41	-0.1	5:15	6:48	
24	Sat			12:07	3.8	6:23	-0.3	6:35	-0.1	5:16	6:46	
25	Sun	12:23	4.1	12:56	3.9	7:10	-0.4	7:26	-0.1	5:17	6:45	
26	Mon	1:10	4.0	1:44	3.9	7:55	-0.4	8:14	-0.1	5:18	6:43	
27	Tue	1:58	3.8	2:32	3.8	8:38	-0.2	9:00	0.1	5:19	6:42	
28	Wed	2:48	3.6	3:21	3.7	9:19	0.0	9:46	0.3	5:20	6:40	
29	Thu	3:39	3.3	4:11	3.6	10:00	0.3	10:36	0.5	5:21	6:38	
30	Fri	4:32	3.1	5:01	3.4	10:44	0.6	11:32	0.7	5:22	6:37	
31	Sat	5:24	2.9	5:50	3.3	11:35	0.8			5:23	6:35	