US HARBORS www.USHarbors.com

Poughkeepsie, NY - May 1807

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:47	2.8	8:26	2.9	2:10	0.8	2:32	0.5	4:56	6:56	
2	Sat	8:44	2.8	9:18	3.0	3:03	0.7	3:17	0.4	4:55	6:57	
3	Sun	9:37	2.8	10:03	3.2	3:51	0.6	3:59	0.4	4:54	6:58	
4	Mon	10:24	2.9	10:43	3.4	4:36	0.4	4:40	0.3	4:52	6:59	
5	Tue	11:06	3.0	11:19	3.5	5:20	0.3	5:19	0.2	4:51	7:00	
6	Wed	11:45	3.0	11:51	3.6	6:03	0.1	5:59	0.2	4:50	7:01	
7	Thu			12:22	3.0	6:46	0.0	6:39	0.2	4:49	7:02	
8	Fri	12:21	3.6	12:59	3.0	7:28	0.0	7:19	0.2	4:47	7:04	
9	Sat	12:52	3.7	1:37	3.0	8:08	-0.1	7:58	0.2	4:46	7:05	
10	Sun	1:27	3.6	2:21	2.9	8:48	0.0	8:37	0.2	4:45	7:06	
11	Mon	2:09	3.6	3:12	2.9	9:30	0.0	9:19	0.3	4:44	7:07	
12	Tue	3:01	3.5	4:09	2.9	10:16	0.1	10:09	0.4	4:43	7:08	
13	Wed	4:01	3.4	5:07	3.0	11:11	0.2	11:13	0.5	4:42	7:09	
14	Thu	5:04	3.4	6:03	3.2			12:13	0.2	4:41	7:10	
15	Fri	6:06	3.3	7:00	3.3	12:30	0.5	1:16	0.1	4:40	7:11	
16	Sat	7:09	3.2	8:00	3.5	1:43	0.4	2:14	0.0	4:39	7:12	
17	Sun	8:16	3.2	9:01	3.7	2:47	0.2	3:10	-0.1	4:38	7:13	
18	Mon	9:23	3.2	9:59	3.9	3:46	0.0	4:02	-0.2	4:37	7:14	
19	Tue	10:22	3.3	10:50	4.1	4:41	-0.2	4:54	-0.2	4:36	7:15	
20	Wed	11:16	3.4	11:39	4.1	5:35	-0.3	5:45	-0.2	4:35	7:16	
21	Thu			12:07	3.4	6:27	-0.4	6:35	-0.2	4:34	7:17	
22	Fri	12:26	4.1	12:57	3.3	7:17	-0.4	7:25	-0.1	4:33	7:18	
23	Sat	1:13	4.0	1:49	3.2	8:05	-0.4	8:12	0.1	4:33	7:19	
24	Sun	2:02	3.8	2:42	3.1	8:50	-0.2	8:57	0.3	4:32	7:19	
25	Mon	2:53	3.6	3:37	3.0	9:35	-0.1	9:42	0.5	4:31	7:20	
26	Tue	3:45	3.4	4:30	3.0	10:21	0.1	10:31	0.7	4:30	7:21	
27	Wed	4:37	3.2	5:20	2.9	11:09	0.3	11:27	0.8	4:30	7:22	
28	Thu	5:26	3.1	6:07	2.9			12:00	0.5	4:29	7:23	
29	Fri	6:14	2.9	6:53	3.0	12:28	0.9	12:52	0.5	4:28	7:24	
30	Sat	7:02	2.8	7:40	3.0	1:29	0.9	1:42	0.6	4:28	7:25	
31	Sun	7:53	2.7	8:29	3.1	2:25	0.8	2:29	0.5	4:27	7:25	