US HARBORS www.USHarbors.com

Poughkeepsie, NY - Dec 1808

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:19	3.4	11:43	2.9	5:16	0.2	6:02	0.1	7:07	4:30	
2	Fri	11:54	3.5			5:56	0.1	6:44	0.0	7:08	4:30	
3	Sat	12:22	2.9	12:27	3.5	6:37	0.1	7:25	0.0	7:09	4:30	
4	Sun	1:01	2.9	12:58	3.4	7:16	0.2	8:03	0.0	7:10	4:29	
5	Mon	1:39	2.8	1:28	3.4	7:53	0.2	8:40	0.0	7:11	4:29	
6	Tue	2:18	2.8	2:00	3.3	8:28	0.2	9:17	0.1	7:12	4:29	
7	Wed	2:59	2.7	2:38	3.2	9:04	0.3	9:53	0.1	7:13	4:29	
8	Thu	3:45	2.7	3:25	3.1	9:42	0.4	10:34	0.2	7:14	4:29	
9	Fri	4:34	2.8	4:20	3.1	10:31	0.4	11:24	0.2	7:15	4:29	
10	Sat	5:24	2.9	5:19	3.0	11:39	0.5			7:16	4:29	
11	Sun	6:16	3.0	6:18	3.0	12:26	0.2	12:58	0.4	7:17	4:29	
12	Mon	7:12	3.2	7:23	2.9	1:28	0.1	2:09	0.3	7:18	4:29	
13	Tue	8:14	3.4	8:33	3.0	2:28	0.0	3:12	0.0	7:18	4:29	
14	Wed	9:17	3.6	9:42	3.1	3:25	-0.2	4:10	-0.2	7:19	4:30	
15	Thu	10:16	3.9	10:41	3.2	4:20	-0.4	5:05	-0.4	7:20	4:30	
16	Fri	11:09	4.0	11:36	3.3	5:14	-0.5	5:59	-0.6	7:20	4:30	
17	Sat			12:00	4.1	6:08	-0.6	6:52	-0.7	7:21	4:31	
18	Sun	12:29	3.4	12:52	4.0	7:02	-0.6	7:43	-0.8	7:22	4:31	
19	Mon	1:23	3.3	1:44	3.9	7:53	-0.5	8:32	-0.7	7:22	4:31	
20	Tue	2:19	3.3	2:38	3.7	8:43	-0.4	9:19	-0.6	7:23	4:32	
21	Wed	3:15	3.2	3:33	3.5	9:33	-0.2	10:07	-0.4	7:23	4:32	
22	Thu	4:12	3.1	4:28	3.2	10:25	0.1	10:58	-0.2	7:24	4:33	
23	Fri	5:06	3.0	5:20	3.0	11:23	0.3	11:51	0.0	7:24	4:33	
24	Sat	5:56	2.9	6:11	2.8			12:25	0.4	7:25	4:34	
25	Sun	6:45	2.9	7:01	2.6	12:46	0.2	1:28	0.5	7:25	4:34	
26	Mon	7:35	2.9	7:56	2.5	1:39	0.3	2:26	0.5	7:26	4:35	
27	Tue	8:29	2.9	8:54	2.5	2:29	0.3	3:18	0.4	7:26	4:36	
28	Wed	9:22	3.0	9:48	2.5	3:17	0.3	4:06	0.3	7:26	4:36	
29	Thu	10:11	3.1	10:37	2.6	4:02	0.2	4:52	0.1	7:26	4:37	
30	Fri	10:53	3.2	11:20	2.7	4:45	0.1	5:36	0.0	7:27	4:38	
31	Sat	11:31	3.3	11:33	2.7	5:29	0.1	6:19	-0.1	7:27	4:39	