US HARBORS www.USHarbors.com

Poughkeepsie, NY - Sep 1810

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:18	3.5	1:52	3.5	8:13	0.2	8:27	0.3	5:24	6:34	
2	Sun	1:49	3.4	2:25	3.5	8:45	0.2	9:04	0.4	5:25	6:32	
3	Mon	2:26	3.3	3:04	3.5	9:16	0.3	9:44	0.5	5:26	6:31	
4	Tue	3:11	3.2	3:51	3.5	9:50	0.4	10:33	0.6	5:27	6:29	
5	Wed	4:06	3.1	4:46	3.5	10:34	0.5	11:38	0.6	5:28	6:27	
6	Thu	5:08	3.1	5:45	3.6	11:37	0.6			5:29	6:26	
7	Fri	6:11	3.0	6:47	3.6	12:53	0.6	12:59	0.6	5:30	6:24	
8	Sat	7:20	3.1	7:55	3.7	2:02	0.5	2:12	0.5	5:32	6:22	
9	Sun	8:33	3.2	9:05	3.8	3:03	0.3	3:16	0.3	5:33	6:20	
10	Mon	9:41	3.5	10:07	4.0	3:59	0.0	4:15	0.1	5:34	6:19	
11	Tue	10:38	3.7	11:01	4.1	4:52	-0.2	5:11	-0.1	5:35	6:17	
12	Wed	11:30	3.9	11:51	4.2	5:43	-0.4	6:05	-0.2	5:36	6:15	
13	Thu			12:19	4.1	6:32	-0.5	6:57	-0.3	5:37	6:14	
14	Fri	12:40	4.2	1:07	4.1	7:20	-0.5	7:47	-0.3	5:38	6:12	
15	Sat	1:29	4.0	1:56	4.0	8:06	-0.4	8:36	-0.1	5:39	6:10	
16	Sun	2:20	3.8	2:47	3.9	8:50	-0.2	9:23	0.1	5:40	6:08	
17	Mon	3:14	3.6	3:39	3.7	9:34	0.1	10:13	0.3	5:41	6:07	
18	Tue	4:08	3.3	4:32	3.5	10:19	0.4	11:07	0.5	5:42	6:05	
19	Wed	5:03	3.1	5:24	3.4	11:10	0.6			5:43	6:03	
20	Thu	5:56	3.0	6:15	3.3	12:08	0.7	12:09	0.9	5:44	6:01	
21	Fri	6:49	2.9	7:07	3.2	1:10	0.8	1:10	0.9	5:45	6:00	
22	Sat	7:44	2.9	8:03	3.2	2:07	0.8	2:09	0.9	5:46	5:58	
23	Sun	8:41	2.9	8:59	3.2	2:59	0.7	3:02	0.8	5:47	5:56	
24	Mon	9:35	3.1	9:50	3.3	3:45	0.6	3:50	0.7	5:48	5:54	
25	Tue	10:21	3.2	10:34	3.4	4:27	0.5	4:35	0.6	5:49	5:53	
26	Wed	11:02	3.4	11:12	3.5	5:08	0.3	5:19	0.4	5:50	5:51	
27	Thu	11:38	3.5	11:46	3.5	5:47	0.2	6:02	0.3	5:51	5:49	
28	Fri			12:12	3.6	6:26	0.2	6:44	0.2	5:52	5:48	
29	Sat	12:19	3.5	12:43	3.7	7:04	0.1	7:26	0.2	5:53	5:46	
30	Sun	12:51	3.5	1:15	3.8	7:41	0.1	8:06	0.1	5:54	5:44	