US HARBORS www.USHarbors.com

Poughkeepsie, NY - Nov 1810

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**2:49**	3.2	**3:12**	3.8	**9:21**	0.1	**10:10**	0.1	6:31	4:55	
2	Fri	**3:54**	3.1	**4:17**	3.7	**10:14**	0.3	**11:10**	0.2	6:32	4:54	
3	Sat	**5:01**	3.1	**5:22**	3.6	**11:23**	0.4			6:33	4:52	
4	Sun	**6:04**	3.2	**6:25**	3.5	**12:17**	0.2	**12:39**	0.5	6:35	4:51	
5	Mon	**7:06**	3.3	**7:28**	3.4	**1:22**	0.1	**1:49**	0.4	6:36	4:50	
6	Tue	**8:09**	3.4	**8:32**	3.4	**2:22**	0.0	**2:52**	0.2	6:37	4:49	
7	Wed	**9:11**	3.6	**9:33**	3.5	**3:16**	-0.1	**3:49**	0.1	6:38	4:48	
8	Thu	**10:06**	3.7	**10:27**	3.5	**4:07**	-0.2	**4:42**	-0.1	6:40	4:47	
9	Fri	**10:54**	3.9	**11:16**	3.6	**4:56**	-0.3	**5:32**	-0.2	6:41	4:46	
10	Sat	**11:38**	4.0			**5:42**	-0.3	**6:21**	-0.2	6:42	4:45	
11	Sun	**12:01**	3.5	**12:20**	3.9	**6:28**	-0.2	**7:08**	-0.2	6:43	4:44	
12	Mon	**12:46**	3.4	**1:01**	3.8	**7:12**	-0.1	**7:53**	-0.2	6:45	4:43	
13	Tue	**1:32**	3.3	**1:43**	3.7	**7:54**	0.0	**8:36**	-0.1	6:46	4:42	
14	Wed	**2:19**	3.1	**2:27**	3.5	**8:34**	0.2	**9:18**	0.1	6:47	4:41	
15	Thu	**3:09**	3.0	**3:13**	3.3	**9:12**	0.4	**10:00**	0.3	6:48	4:40	
16	Fri	**4:01**	2.9	**4:03**	3.1	**9:52**	0.6	**10:46**	0.5	6:49	4:39	
17	Sat	**4:53**	2.8	**4:53**	3.0	**10:37**	0.8	**11:39**	0.6	6:51	4:38	
18	Sun	**5:43**	2.7	**5:41**	2.9	**11:35**	0.9			6:52	4:37	
19	Mon	**6:31**	2.7	**6:28**	2.8	**12:35**	0.6	**12:43**	0.9	6:53	4:37	
20	Tue	**7:19**	2.8	**7:17**	2.8	**1:29**	0.6	**1:46**	0.9	6:54	4:36	
21	Wed	**8:09**	2.9	**8:12**	2.8	**2:19**	0.5	**2:41**	0.7	6:55	4:35	
22	Thu	**8:59**	3.1	**9:08**	2.9	**3:05**	0.4	**3:32**	0.5	6:57	4:34	
23	Fri	**9:45**	3.3	**9:58**	3.0	**3:49**	0.3	**4:20**	0.3	6:58	4:34	
24	Sat	**10:27**	3.5	**10:43**	3.1	**4:31**	0.1	**5:06**	0.1	6:59	4:33	
25	Sun	**11:06**	3.7	**11:25**	3.2	**5:14**	0.0	**5:54**	-0.1	7:00	4:33	
26	Mon	**11:45**	3.9			**5:59**	-0.1	**6:42**	-0.3	7:01	4:32	
27	Tue	**12:07**	3.3	**12:27**	4.0	**6:46**	-0.2	**7:30**	-0.4	7:02	4:32	
28	Wed	**12:53**	3.3	**1:13**	4.0	**7:34**	-0.3	**8:17**	-0.5	7:04	4:31	
29	Thu	**1:44**	3.2	**2:05**	3.9	**8:22**	-0.3	**9:05**	-0.4	7:05	4:31	
30	Fri	**2:43**	3.2	**3:04**	3.8	**9:12**	-0.2	**9:56**	-0.4	7:06	4:30	