US HARBORS www.USHarbors.com

Poughkeepsie, NY - Dec 1811

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**12:51**	3.4	**1:07**	3.9	**7:17**	-0.3	**8:01**	-0.4	7:07	4:30	
2	Mon	**1:41**	3.3	**1:54**	3.7	**8:03**	-0.2	**8:46**	-0.3	7:08	4:30	
3	Tue	**2:32**	3.1	**2:42**	3.5	**8:46**	0.0	**9:30**	-0.1	7:09	4:30	
4	Wed	**3:25**	3.0	**3:33**	3.3	**9:30**	0.2	**10:16**	0.1	7:10	4:29	
5	Thu	**4:19**	2.9	**4:25**	3.1	**10:15**	0.4	**11:05**	0.2	7:11	4:29	
6	Fri	**5:10**	2.8	**5:15**	2.9	**11:07**	0.6	**11:58**	0.4	7:12	4:29	
7	Sat	**5:59**	2.8	**6:03**	2.8			**12:08**	0.8	7:13	4:29	
8	Sun	**6:47**	2.8	**6:51**	2.7	**12:53**	0.5	**1:11**	0.8	7:13	4:29	
9	Mon	**7:37**	2.8	**7:43**	2.6	**1:45**	0.5	**2:10**	0.7	7:14	4:29	
10	Tue	**8:28**	2.9	**8:39**	2.6	**2:33**	0.4	**3:02**	0.6	7:15	4:29	
11	Wed	**9:18**	3.0	**9:33**	2.6	**3:18**	0.3	**3:51**	0.4	7:16	4:29	
12	Thu	**10:03**	3.2	**10:20**	2.7	**4:01**	0.2	**4:37**	0.2	7:17	4:29	
13	Fri	**10:43**	3.4	**11:02**	2.8	**4:43**	0.1	**5:22**	0.0	7:18	4:29	
14	Sat	**11:20**	3.5	**11:41**	2.9	**5:26**	0.0	**6:08**	-0.1	7:19	4:30	
15	Sun	**11:56**	3.6			**6:09**	-0.1	**6:53**	-0.3	7:19	4:30	
16	Mon	**12:20**	3.0	**12:34**	3.7	**6:53**	-0.1	**7:37**	-0.4	7:20	4:30	
17	Tue	**1:01**	3.0	**1:15**	3.7	**7:38**	-0.2	**8:21**	-0.4	7:21	4:30	
18	Wed	**1:47**	3.0	**2:02**	3.7	**8:22**	-0.2	**9:05**	-0.4	7:21	4:31	
19	Thu	**2:39**	3.0	**2:56**	3.6	**9:09**	-0.1	**9:52**	-0.4	7:22	4:31	
20	Fri	**3:39**	3.0	**3:56**	3.4	**10:01**	0.0	**10:44**	-0.3	7:23	4:31	
21	Sat	**4:40**	3.1	**4:57**	3.3	**11:03**	0.1	**11:43**	-0.2	7:23	4:32	
22	Sun	**5:39**	3.1	**5:57**	3.2			**12:15**	0.2	7:24	4:32	
23	Mon	**6:37**	3.2	**6:57**	3.1	**12:45**	-0.2	**1:25**	0.1	7:24	4:33	
24	Tue	**7:37**	3.3	**8:00**	3.0	**1:47**	-0.2	**2:30**	0.0	7:24	4:33	
25	Wed	**8:40**	3.4	**9:06**	3.0	**2:45**	-0.3	**3:30**	-0.1	7:25	4:34	
26	Thu	**9:40**	3.5	**10:06**	3.0	**3:39**	-0.3	**4:25**	-0.3	7:25	4:35	
27	Fri	**10:33**	3.6	**10:59**	3.1	**4:31**	-0.4	**5:17**	-0.4	7:26	4:35	
28	Sat	**11:21**	3.7	**11:48**	3.1	**5:21**	-0.4	**6:07**	-0.5	7:26	4:36	
29	Sun			**12:06**	3.7	**6:10**	-0.4	**6:55**	-0.5	7:26	4:37	
30	Mon	**12:34**	3.1	**12:49**	3.6	**6:57**	-0.3	**7:40**	-0.5	7:26	4:37	
31	Tue	**1:20**	3.1	**1:32**	3.5	**7:41**	-0.2	**8:23**	-0.4	7:27	4:38	