US HARBORS www.USHarbors.com

Poughkeepsie, NY - Dec 1813

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:14	2.7	6:21	3.0	12:32	0.4	12:50	0.7	7:07	4:30	
2	Thu	7:06	2.9	7:21	3.0	1:32	0.3	2:02	0.6	7:08	4:30	
3	Fri	8:05	3.1	8:27	3.1	2:27	0.1	3:03	0.3	7:09	4:30	
4	Sat	9:05	3.4	9:31	3.2	3:19	-0.1	3:59	0.0	7:10	4:29	
5	Sun	10:00	3.7	10:28	3.3	4:09	-0.3	4:54	-0.3	7:11	4:29	
6	Mon	10:52	4.0	11:21	3.4	5:00	-0.5	5:47	-0.5	7:12	4:29	
7	Tue	11:41	4.1			5:52	-0.6	6:41	-0.6	7:13	4:29	
8	Wed	12:13	3.5	12:31	4.2	6:44	-0.6	7:33	-0.7	7:14	4:29	
9	Thu	1:06	3.5	1:24	4.1	7:36	-0.6	8:24	-0.7	7:15	4:29	
10	Fri	2:04	3.4	2:20	3.9	8:28	-0.5	9:15	-0.6	7:16	4:29	
11	Sat	3:04	3.3	3:20	3.7	9:20	-0.3	10:08	-0.5	7:17	4:29	
12	Sun	4:06	3.2	4:21	3.5	10:15	-0.1	11:04	-0.3	7:17	4:29	
13	Mon	5:06	3.1	5:19	3.3	11:16	0.2			7:18	4:29	
14	Tue	6:02	3.1	6:14	3.1	12:04	-0.1	12:22	0.4	7:19	4:30	
15	Wed	6:55	3.0	7:09	2.9	1:03	0.0	1:27	0.4	7:20	4:30	
16	Thu	7:50	3.0	8:05	2.8	1:59	0.1	2:27	0.4	7:20	4:30	
17	Fri	8:44	3.1	9:03	2.7	2:50	0.1	3:20	0.3	7:21	4:30	
18	Sat	9:36	3.1	9:55	2.7	3:36	0.1	4:09	0.2	7:22	4:31	
19	Sun	10:22	3.3	10:42	2.7	4:19	0.1	4:54	0.1	7:22	4:31	
20	Mon	11:03	3.4	11:24	2.8	5:01	0.1	5:38	0.0	7:23	4:32	
21	Tue	11:41	3.4			5:42	0.1	6:21	-0.1	7:23	4:32	
22	Wed	12:03	2.8	12:17	3.4	6:23	0.1	7:03	-0.1	7:24	4:33	
23	Thu	12:42	2.8	12:52	3.4	7:02	0.1	7:43	-0.2	7:24	4:33	
24	Fri	1:20	2.7	1:26	3.3	7:40	0.1	8:20	-0.2	7:25	4:34	
25	Sat	1:57	2.7	1:58	3.2	8:16	0.2	8:57	-0.1	7:25	4:34	
26	Sun	2:35	2.6	2:32	3.1	8:50	0.2	9:32	-0.1	7:25	4:35	
27	Mon	3:15	2.6	3:12	3.1	9:24	0.3	10:09	0.0	7:26	4:36	
28	Tue	3:59	2.6	4:00	3.0	10:03	0.4	10:51	0.1	7:26	4:36	
29	Wed	4:47	2.7	4:54	2.9	10:56	0.4	11:44	0.1	7:26	4:37	
30	Thu	5:36	2.8	5:49	2.9			12:14	0.5	7:26	4:38	
31	Fri	6:29	2.9	6:49	2.8	12:46	0.1	1:32	0.4	7:27	4:39	