US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1814

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:15	3.6	12:46	3.1	7:03	0.2	7:04	0.5	4:52	7:18	
2	Tue	12:51	3.6	1:23	3.1	7:42	0.1	7:44	0.5	4:53	7:17	
3	Wed	1:25	3.6	2:00	3.1	8:19	0.1	8:22	0.5	4:54	7:16	
4	Thu	1:59	3.5	2:36	3.1	8:53	0.1	8:58	0.5	4:55	7:14	
5	Fri	2:35	3.4	3:13	3.1	9:26	0.2	9:36	0.6	4:56	7:13	
6	Sat	3:17	3.3	3:55	3.2	10:00	0.2	10:20	0.6	4:58	7:12	
7	Sun	4:06	3.2	4:42	3.3	10:39	0.3	11:19	0.7	4:59	7:11	
8	Mon	4:59	3.2	5:33	3.4	11:29	0.4			5:00	7:10	
9	Tue	5:56	3.1	6:27	3.6	12:34	0.7	12:33	0.4	5:01	7:08	
10	Wed	6:57	3.0	7:28	3.7	1:46	0.6	1:42	0.4	5:02	7:07	
11	Thu	8:07	3.0	8:37	3.8	2:51	0.4	2:48	0.3	5:03	7:06	
12	Fri	9:20	3.2	9:45	4.0	3:50	0.2	3:49	0.1	5:04	7:04	
13	Sat	10:24	3.4	10:44	4.1	4:46	0.0	4:47	0.0	5:05	7:03	
14	Sun	11:20	3.6	11:38	4.2	5:40	-0.2	5:44	-0.1	5:06	7:02	
15	Mon			12:13	3.7	6:33	-0.4	6:40	-0.2	5:07	7:00	
16	Tue	12:29	4.2	1:05	3.8	7:23	-0.5	7:32	-0.2	5:08	6:59	
17	Wed	1:20	4.1	1:58	3.8	8:10	-0.5	8:23	-0.1	5:09	6:57	
18	Thu	2:12	4.0	2:51	3.8	8:56	-0.3	9:11	0.0	5:10	6:56	
19	Fri	3:05	3.7	3:44	3.7	9:41	-0.1	10:01	0.3	5:11	6:54	
20	Sat	3:59	3.5	4:36	3.6	10:27	0.1	10:54	0.5	5:12	6:53	
21	Sun	4:51	3.3	5:25	3.5	11:16	0.4	11:53	0.7	5:13	6:51	
22	Mon	5:43	3.1	6:14	3.4			12:09	0.6	5:14	6:50	
23	Tue	6:33	2.9	7:03	3.3	12:55	0.8	1:05	0.8	5:15	6:48	
24	Wed	7:27	2.8	7:55	3.3	1:55	0.8	2:01	0.8	5:16	6:47	
25	Thu	8:26	2.7	8:52	3.3	2:49	0.8	2:53	0.8	5:17	6:45	
26	Fri	9:24	2.8	9:45	3.4	3:39	0.7	3:42	0.8	5:18	6:44	
27	Sat	10:16	2.9	10:32	3.5	4:25	0.5	4:28	0.7	5:19	6:42	
28	Sun	11:00	3.0	11:13	3.6	5:08	0.4	5:13	0.6	5:20	6:40	
29	Mon	11:40	3.2	11:50	3.7	5:51	0.3	5:57	0.5	5:21	6:39	
30	Tue			12:16	3.3	6:31	0.2	6:39	0.4	5:22	6:37	
31	Wed	12:24	3.7	12:50	3.3	7:10	0.1	7:21	0.4	5:23	6:35	