US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 1820

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:27	3.7	4:21	3.0	10:25	0.0	10:28	0.4	4:26	7:27	
2	Fri	4:31	3.6	5:20	3.1	11:21	0.1	11:37	0.5	4:26	7:28	
3	Sat	5:31	3.4	6:16	3.3			12:21	0.1	4:26	7:28	
4	Sun	6:28	3.3	7:12	3.4	12:51	0.5	1:20	0.0	4:25	7:29	
5	Mon	7:27	3.2	8:10	3.6	1:59	0.4	2:16	0.0	4:25	7:30	
6	Tue	8:30	3.1	9:08	3.7	3:00	0.3	3:09	0.0	4:25	7:30	
7	Wed	9:32	3.1	10:02	3.8	3:56	0.1	3:59	0.0	4:24	7:31	
8	Thu	10:29	3.1	10:51	3.9	4:50	0.0	4:48	0.0	4:24	7:32	
9	Fri	11:20	3.1	11:36	3.9	5:42	-0.1	5:37	0.1	4:24	7:32	
10	Sat			12:09	3.1	6:32	-0.1	6:26	0.2	4:24	7:33	
11	Sun	12:20	3.8	12:57	3.1	7:20	-0.1	7:13	0.3	4:24	7:33	
12	Mon	1:04	3.7	1:47	3.0	8:05	-0.1	7:58	0.4	4:24	7:34	
13	Tue	1:49	3.6	2:37	2.9	8:48	0.0	8:40	0.5	4:23	7:34	
14	Wed	2:36	3.4	3:29	2.9	9:30	0.2	9:21	0.7	4:23	7:35	
15	Thu	3:25	3.2	4:20	2.9	10:11	0.3	10:04	0.8	4:23	7:35	
16	Fri	4:14	3.1	5:08	2.9	10:55	0.4	10:53	0.9	4:23	7:36	
17	Sat	5:00	3.0	5:52	2.9	11:41	0.6	11:52	1.0	4:24	7:36	
18	Sun	5:43	2.8	6:34	3.0			12:29	0.6	4:24	7:36	
19	Mon	6:25	2.7	7:17	3.0	12:56	1.0	1:16	0.6	4:24	7:36	
20	Tue	7:11	2.6	8:01	3.1	1:55	1.0	2:03	0.6	4:24	7:37	
21	Wed	8:05	2.6	8:49	3.3	2:50	0.8	2:48	0.6	4:24	7:37	
22	Thu	9:06	2.6	9:36	3.4	3:40	0.6	3:33	0.5	4:24	7:37	
23	Fri	10:01	2.7	10:21	3.6	4:29	0.4	4:18	0.5	4:25	7:37	
24	Sat	10:50	2.8	11:04	3.8	5:18	0.3	5:06	0.4	4:25	7:37	
25	Sun	11:36	2.9	11:48	3.9	6:08	0.1	5:57	0.3	4:25	7:38	
26	Mon			12:23	3.0	6:57	-0.1	6:49	0.2	4:26	7:38	
27	Tue	12:35	4.0	1:13	3.1	7:45	-0.2	7:41	0.1	4:26	7:38	
28	Wed	1:25	4.0	2:08	3.1	8:32	-0.3	8:32	0.1	4:26	7:38	
29	Thu	2:20	3.9	3:07	3.2	9:18	-0.3	9:24	0.1	4:27	7:38	
30	Fri	3:19	3.8	4:06	3.3	10:06	-0.2	10:21	0.2	4:27	7:38	