US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1821

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:14	3.2	10:42	2.5	4:09	0.3	5:03	0.1	7:27	4:40	
2	Tue	10:57	3.3	11:25	2.6	4:55	0.1	5:50	-0.1	7:27	4:41	
3	Wed	11:37	3.5			5:42	0.0	6:37	-0.3	7:27	4:41	
4	Thu	12:06	2.7	12:19	3.6	6:30	-0.1	7:22	-0.4	7:27	4:42	
5	Fri	12:49	2.8	1:03	3.7	7:18	-0.2	8:06	-0.5	7:27	4:43	
6	Sat	1:35	2.9	1:50	3.6	8:05	-0.3	8:48	-0.6	7:27	4:44	
7	Sun	2:25	3.0	2:41	3.5	8:53	-0.3	9:32	-0.5	7:27	4:45	
8	Mon	3:19	3.0	3:36	3.4	9:43	-0.2	10:17	-0.5	7:27	4:46	
9	Tue	4:16	3.1	4:33	3.2	10:39	-0.1	11:09	-0.3	7:26	4:47	
10	Wed	5:12	3.2	5:30	3.0	11:46	0.1			7:26	4:48	
11	Thu	6:08	3.2	6:28	2.8	12:07	-0.2	12:58	0.1	7:26	4:49	
12	Fri	7:05	3.2	7:30	2.6	1:09	-0.1	2:07	0.1	7:25	4:51	
13	Sat	8:07	3.2	8:39	2.6	2:11	-0.1	3:10	0.0	7:25	4:52	
14	Sun	9:13	3.2	9:46	2.6	3:10	-0.1	4:07	-0.1	7:25	4:53	
15	Mon	10:13	3.3	10:44	2.7	4:06	-0.1	5:01	-0.2	7:24	4:54	
16	Tue	11:05	3.4	11:34	2.8	4:59	-0.1	5:52	-0.3	7:24	4:55	
17	Wed	11:51	3.4			5:50	-0.1	6:40	-0.4	7:23	4:56	
18	Thu	12:21	2.8	12:34	3.4	6:38	-0.1	7:25	-0.4	7:23	4:57	
19	Fri	1:05	2.9	1:16	3.3	7:23	-0.1	8:05	-0.4	7:22	4:59	
20	Sat	1:49	2.8	1:57	3.2	8:05	-0.1	8:43	-0.3	7:22	5:00	
21	Sun	2:33	2.8	2:37	3.0	8:44	0.0	9:18	-0.2	7:21	5:01	
22	Mon	3:16	2.8	3:18	2.9	9:21	0.1	9:51	0.0	7:20	5:02	
23	Tue	3:59	2.7	3:59	2.7	9:59	0.3	10:23	0.1	7:20	5:03	
24	Wed	4:41	2.7	4:40	2.5	10:41	0.4	10:56	0.3	7:19	5:05	
25	Thu	5:21	2.7	5:21	2.3	11:33	0.6	11:35	0.4	7:18	5:06	
26	Fri	6:01	2.7	6:04	2.2			12:40	0.6	7:17	5:07	
27	Sat	6:43	2.7	6:55	2.1	12:30	0.5	1:48	0.6	7:16	5:08	
28	Sun	7:34	2.7	8:02	2.1	1:37	0.5	2:49	0.5	7:15	5:10	
29	Mon	8:37	2.8	9:15	2.2	2:40	0.5	3:44	0.3	7:15	5:11	
30	Tue	9:39	3.0	10:14	2.4	3:37	0.3	4:35	0.1	7:14	5:12	
31	Wed	10:32	3.2	11:02	2.6	4:30	0.1	5:24	-0.2	7:13	5:13	